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AGENTS OF CHANGE

Today we celebrate the people making Toronto a better place. Know someone making a difference? Let us know, metroNEWS

BUILDING BONDS

SAVING BUS STOPS

MAKING STREETS SAFER

EDUARDO LIMA/METRO

City gives Bloor bike lane boost resounding meh

PILOT PROJECT

Cycling group sees 75% bump, but staff waiting to call it success

Luke Simcoe
Metro | Toronto

A preliminary tally of cyclists along Bloor Street suggests the road's new bike lanes are boosting ridership, but the city says it's too early to call the pilot project a success.

Prior to the lanes' installation, the city counted 3,571 daily riders along Bloor. But on Monday, cycling advocacy group Bells on Bloor says they spotted 6,099 bikes over 24 hours. That's an increase of nearly 75 per cent.

During the morning rush hour, from 8 a.m. to 9 a.m, the group counted 660 bikes and 1,105 cars, meaning cyclists represented 37 per cent of all traffic.

Bells on Bloor co-founder Albert Koehl called the numbers "impressive."

"The number of cyclists yesterday means thousands of people in the city were able to exercise, have fun ... and not pollute. We're confident the road is now moving more people in the same road space," he said.

Toronto's cycling manager, Jacquelyn Hayward Gulati, declined to comment on the count, but said the city will be conducting its own studies in the coming months. Staff will look at the number of cyclists, but also motor vehicle volumes, travel times and "several other factors."

"We cannot evaluate the success of the pilot project on the basis of cycling volume alone," Gulati said.

The results will be presented to council in the fall of 2017, when politicians will decide whether to make the Bloor bike lanes a permanent fixture.

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metro NEWS

Your essential daily news

How many calories are in your favourite latte? Starbucks will soon tell you. **Business**

Artists add new life to library

WORKSHOPS

Locals to teach it all, from Korean drums to cartography

Gilbert Ngabo
Metro | Toronto

The Toronto Public Library wants you to check out some art.

From September to December, 10 local artists will spend time at different branches every week, giving hands-on workshops in several disciplines — everything from music composition and digital storytelling to map-making and Korean drumming.

It's part of a partnership with Toronto Arts Council and an attempt to diversify programming at branches outside the downtown core, said library manager Penny Griffin.

"The idea is to make art available in communities that don't usually have a lot of access to it," she said.

Anyone can sign up free of charge.

"They develop a real sense of community," Griffin said. "These kinds of programs bring in people who may not otherwise come to the library."

Experimental poet **Annie Wong** will be at the Don Mills branch. Register if you want to learn about poetry in its different forms and have fun while doing it.

Photographer **Geneviève Thauvette** will be offering a series of workshops that reflect on mortality at the Oakwood Village branch. Training is also available in French.

Dancer **Yvonne Ng** will be at Richview Library. This will be a cross-generational project exploring art and creativity through movement, theatre and music.

Fashion designer **Anouk Natalya Willy** will be teaching participants about the entire cycle of fashion — from concept to creation — at York Woods library.

Musician **Mike Ford** will offer guidance to aspiring songwriters at the Mimico Centennial branch.

Artist **Amy Wong** will be at the Fairview branch. Participants will get tips about drawing, painting and collage as well as lessons in art history.

Musician **Joy Lapps** will teach the basics of steelpan — a musical instrument originating in Trinidad and Tobago — at Downsview library.

Drummer **Charles Hong** will be at the Hillcrest branch, teaching people the art of Janggo Korean drumming.

Map maker **Karen Darricades** will be in residence at Cedarbrae library, using collage, objects, installations and online platforms to explore the power of cartography.

Led by multimedia artist **Emmy Pantin**, the Community Story Collective will be teaching digital storytelling at the Scarborough Civic Centre branch.

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Please visit **www.physicaltherapy.utoronto.ca** to learn more.

Keep traffic calm and carry on

Heather McDonald with her sons Ross (standing) and Noah. She is one of the residents in Ward 13 who would like to see speed limits lowered on residential streets. EDUARDO LIMA/METRO

ROAD SAFETY

Councillor joins residents to lobby for lower speeds limit

Luke Simcoe
Metro | Toronto

Sarah Doucette's plan to lower speed limits on residential streets in Ward 13 was voted down by Etobicoke community council last week, but the councillor has no plans to put the brakes on the project.

"I was trying to save the city money, and save staff time," she told Metro. "But we will keep doing it street by street if that's what Etobicoke wants us to do."

Since late 2010, Doucette's office has received 78 requests for traffic calming in the ward. She says the city has received hundreds more.

Heather McDonald lives near Runnymede Road and Annette Street. She says the big problem is drivers using side streets to dodge traffic on major roads like Bloor.

"These motorists move so fast. They miss stop signs or screech to a halt," she said, recalling a time when a driver who sped through a stop sign nearly hit her son while he was walking to school.

Right now, speed limits on non-arterial roads in the ward are a patchwork of 40 km/h and 50 km/h zones. Doucette believes a blanket reduction to 30 km/h would improve safety.

"If you're in an accident at a lower speed, whether you're a driver, pedestrian or cyclist, you have more chance of surviving," she said, citing a 2012 Toronto Board of Health report.

Toronto East York community council unanimously approved a 30 km/h reduction in 2015, and Doucette says she wants to follow suit.

She made the request at last week's Etobicoke community council meeting, but it was rejected 9-2.

"It's frustrating," she said. "I had letters from 11 community groups who supported this. We had hundreds of emails from residents saying 'we support this.'"

> **"We had hundreds of emails from residents saying 'We support this.'**
> Sarah Doucette

As a result, Doucette says she'll be pushing through the 30 km/h reduction on a street by street basis, starting with roads with schools on them.

"If we want students to walk and bike to school then they have to feel safe," she said.

HOW TO MAKE A DIFFERENCE

Do you know anyone who is working to make a change in your community? Let us know — email angela.mullins@metronews.ca

INDEPENDENT POLICE OVERSIGHT REVIEW

Concerned about police accountability?

We want to hear from you. Conducted by the Honourable Justice Michael H. Tulloch, this review includes the **SIU**, **OIPRD** and the **OCPC**; organizations that oversee police conduct.

Come and have your say:

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Jamaican Canadian Association
995 Arrow Rd., North York
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September 15, 2016
Tropicana Community Services
1385 Huntingwood Dr., Scarborough
5:00pm - 8:00pm

September 22, 2016
For Youth Initiative
1652 Keele St., Toronto
5:00pm - 8:00pm

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Residents puzzled

Jay Smith, left, and his partner Alex Simpson are campaigning to save a bus stop outside their home on Sheppard Avenue East. EDUARDO LIMA/METRO

TRANSIT

Scarborough bus stops to be removed after shelter built

Luke Simcoe
Metro | Toronto

A plan to remove two bus stops along the 85 Sheppard route has some Scarborough residents feeling like they're being cut off from transit.

The TTC is removing two bus stops — one on each side of the street — from the 4700-block of Sheppard Avenue East. The stops are adjacent to a pedestrian island, and the transit agency says waiting buses make it difficult for motorists to spot people crossing the road.

One of the stops is right outside Jay Smith's apartment building. He has mobility issues stemming from a foot injury and chronic knee pain, and says the idea of walking to the next closest stop — nearly 500 metres away at Shorting Road — is "overwhelming."

"If you were to look at it on a map and you were a motorist, you wouldn't think it's very far at all," he said. "But it could take me 10 minutes or more to walk there."

Smith commutes via the TTC every day to his job in downtown Toronto. He's puzzled by the TTC's decision, especially since the city recently installed a bus shelter at one of the stops.

"They just put up a bus shelter last month, and then they put up a sign basically saying 'P.S. we're getting rid of the stop where we just put a bus shelter," he said.

"It just feels like the TTC doesn't care about people in Scarborough."

Smith and his partner, Alex Simpson, have been calling local councillors and the TTC asking for the stops to be saved.

The two stops are slated to be removed Sept. 30. TTC spokesman Kadeem Griffiths said the TTC is working with the city to replace them with something nearby, but there's no timeline in place.

"We apologize for the inconvenience, but safety is a priority for us," he said.

COMMUNITY

Project tears down fences, build bonds

Dave Meslin disagrees with the old adage that "good fences make good neighbours."

"I think that's based on a really cynical view of people's ability to interact with one another," the community activist says. "I think we all gain and learn when we interact with our neighbours, so to me, the best fence is no fence."

Meslin has spent the past 15 years putting that principle into action as the founder of Toronto's Downtown De-Fence Project.

Every year, he and a rotating cast of volunteers remove unwanted fences from residential neighbourhoods. His office is littered with the metal caps from fence posts, "trophies," he says of community barriers no longer standing.

"I want to feel like I live in a city where people want to know their neighbours, and fences send the opposite message," he said. "Taking down a fence symbolizes a commitment to building relationships."

The group's website is chock full of before and after photos of liberated lawns. The "instant gratification" of the project is what Meslin loves most.

"It's a makeover," he said. "It transforms the entire space around the lawn."

For more information visit publicspace.ca or email defence@pigeonhat.ca. LUKE SIMCOE/METRO

Dave Meslin, right, removes a chain fence on Hendrick Avenue Tuesday, with Mikael Colville-Andersen. EDUARDO LIMA/METRO

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ORANGEVILLE
114 Broadway Ave.

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PORT LANDS

Flood protection funds ready to flow

Artist's rendering of the Lower Don River project.
COURTESY WATERFRONT TORONTO

Ottawa, the province and Toronto will spend more than $83 million on initial efforts to protect the Port Lands from flooding and get the ball rolling on a massive redevelopment, Torstar News Service has learned.

Federal Infrastructure Minister Amarjeet Sohi will join Bob Chiarelli, Ontario's infrastructure minister, and Mayor John Tory to announce the funding Wednesday.

The federal government is kicking in $32.5 million, while the province and city are each providing $16.3 million to remake the area around the old Essroc quay, seen as a critical step to a long-awaited "naturalization" of the mouth of the Don River. They'll announce a total of $18 million for other flood-protection measures.

Officials concede it's a drop in the bucket of the estimated $975-million cost of flood-proofing more than 700 acres of southeastern downtown waterfront. There are plans to reroute the Don, clean polluted soil, create new parks and unlock a swath of land, including the old Unilever plant site, for redevelopment, including a SmartTrack stop.

The money is part of an initial phase of infrastructure cash from the federal government earmarked for so-called shovel-ready projects that can be started quickly. TORSTAR NEWS SERVICE

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The average household income in Leslieville shot up 47 per cent since 2006, placing the neighbourhood in the top 35 per cent by income in the city. MARCUS OLENIUK/TORSTAR NEWS SERVICE

Pockets in T.O. richer

NEIGHBOURHOODS

But only 0.4% of city actually show real gentrification

At the corner of Morse St. and Queen St. E. in Leslieville, the signifiers of gentrification are on full display at Mercury Espresso Bar — a man with an artfully trimmed beard reads the paper while Kate Bush music plays in the background.

A block away, Jim's Restaurant, a classic family restaurant, is boarded up to make room for a condominium.

In 2006, the average household income in South Riverdale/Leslieville was $70,093, placing it in the bottom 40 per cent of neighbourhoods in the city. By 2015, that figure had leapt to $103,384 — a 47 per cent increase that placed the neighbourhood in the top 35 per cent by income in the city. On some blocks, incomes rose as much as 76 per cent.

House prices skyrocketed there, too. Excluding condominiums, the average price of a home increased by a whopping 140 per cent — from $319,753 in 2005 to $764,124 in 2015, according to data provided by Realosophy.

Home prices have skyrocketed across the city in the past decade, but very few neighbourhoods have actually met the technical definition of "gentrified," a Torstar News Service analysis has found. While 22 per cent of the city showed some sign of gentrification, only 0.4 per cent actually made the transition from low- to high-income neighbourhood over the past 10 years.

Data shows pockets of the city in South Riverdale/Leslieville, Trinity Bellwoods, the Junction, Dovercourt-Wallace Emerson, Little Portugal North, St. James Town, the Blake-Jones area of the Danforth, and the Annex made the leap.

Incomes in gentrified neighbourhoods climbed by an average of 53 per cent, from about $65,000 to $99,500, according to data provided by Environics. Across the city as a whole, income increased by only 18 per cent. TORSTAR NEWS SERVICE

HOT HOUSING MARKET

Toronto beat Vancouver in luxury home sales

Bridle Path estates, Rosedale palaces and Forest Hill piles are outselling Vancouver's famously expensive high-end mountain and oceanfront views, says luxury realtor Sotheby's International Realty Canada. Sales of $1-million-plus Toronto-area homes rose 83 per cent in July and August while Vancouver saw a decline of 30 per cent in July and 65 per cent in August.

TORSTAR NEWS SERVICE

Global Fund gives hope to Zimbabwe activist

MONTREAL

Loyce Maturu leads charge in fighting AIDS, tuberculosis

Loyce Maturu sat in the darkened railway committee room of the Parliament Buildings on Tuesday watching a video of two fellow African activists — a Kenyan mother and daughter — playing for a reception of several dozen invited guests.

Maturu, of Zimbabwe, outlived her own mother, who succumbed to AIDS and tuberculosis along with Maturu's sole sibling, a brother who only made it to his sixth birthday.

"It really makes me feel that had the Global Fund been in Zimbabwe earlier, my mother and my younger brother would be alive today and I wouldn't have gone through many challenges," Maturu said.

The 24-year-old woman persevered and was in Ottawa in full activist mode Tuesday, ahead of this weekend's international pledging conference in Montreal to replenish the Global Fund to Fight AIDS, Tuberculosis and Malaria.

Prime Minister Justin Trudeau will lead an international cast of politicians, philanthropists and celebrities, including UN Secretary General Ban Ki-moon, Bill and Melinda Gates and the Irish rock star and activist Bono in an attempt to raise $13 billion to carry the fund through its next three years.

Canada already committed $785 million earlier this spring, when Trudeau announced he would host the conference.

The conference will come days before Trudeau travels to New York, to attend the annual UN General Assembly meeting. He is expected to give his maiden address to the world body.

Trudeau's office says he will be pushing an agenda of "diversity, human rights, the need for gender equality," aimed at furthering the, 2030 Sustainable Development Goals.

THE CANADIAN PRESS

Loyce Maturu was in activist mode Tuesday, ahead of this weekend's international pledging conference in Montreal to replenish the Global Fund. ADRIAN WYLD/THE CANADIAN PRESS

POLITICS

Doug Ford to tour to tout Ford book

A new book about Rob Ford and his family will "rock" the political and media worlds, Doug Ford announced Tuesday.

Ford said he would be touring the country to promote the book titled Ford Nation: Two Brothers, One Vision-The True Story of the People's Mayor.

"When this comes out, from the prime minister to the premier to the mayor, it's going to rock the media world, it's going to rock the political world," Ford told a crowd of reporters gathered in the backyard of his mother's house in Toronto.

"It's going to have stories that no one here has ever heard, no one in the country has ever heard." Asked whether he would consider jumping back into politics, Ford said he would "within about a year."

"I can assure you I will be running politically," he said.

HarperCollins Publishers Ltd. has acquired rights to the book, which will be published on Nov. 22. THE CANADIAN PRESS

GATINEAU

'Sexist' campus game investigated

Emma Jackson
Metro | Ottawa

The director of Gatineau's Université du Québec en Outaouais says he won't stand for sexual harassment on his campus after a highly sexual game sparked an angry backlash last week.

As part of an annual competition between universities, the UQO's team leaders circulated a list of tasks that awarded points for things like kissing a girl, snapping a photo of an exposed bra and taking part in a wet T-shirt contest.

University director Denis Harrisson has launched an investigation into the students' conduct.

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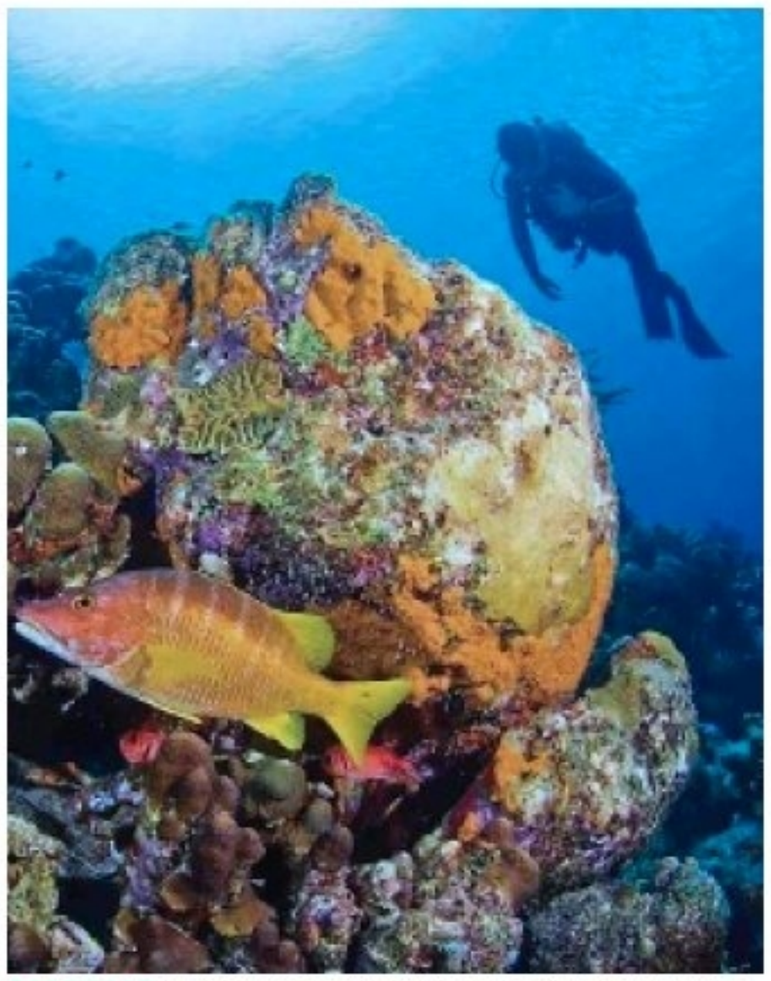

CARIBBEAN 3D PRINTING TAKES A DIVE UNDER THE SEA Vast coral reefs surrounding the island of Bonaire are considered by many experts to be the healthiest and best-protected in the Caribbean, and that makes it an ideal spot to test whether 3D printing technology can help preserve these marine habitats. A new project seeks to use the rapidly developing layered printing technology to design structures that are virtually identical to natural coral formations. They hope this will foster natural growth of the reef faster than other methods. COURTESY TOURISM CORPORATION BONAIRE

Trump 'not fit in any way': Obama

U.S. ELECTION

President makes case for Clinton and his own track record

After a bruising weekend for Democrats, President Barack Obama on Tuesday mounted a vigorous defence of Hillary Clinton, her campaign's transparency and her fitness for the presidency, and blasted Republicans as fanning "anger and hate."

Obama painted a stark picture of the stakes in the face-off between Clinton and Republican rival Donald Trump and tried to persuade Democrats in make-or-break Pennsylvania he's all-in behind his former secretary of state and his onetime rival.

"Hillary Clinton is steady and she is true," Obama told a group of Democrats at an outdoor rally.

Obama aggressively stepped into a void left by Clinton, who is taking time off from campaigning after being diagnosed with pneumonia.

Without mentioning Clinton's health, Obama dove into the political fallout of Sunday's episode in New York. To an audience of roughly 6,000 supporters in downtown Philadelphia, Obama argued that Clinton has been more transparent in providing health and financial records than her rival, as well as releasing her past tax returns while Trump refuses to release his.

Even more, he described the former New York senator who ran against him for the Democratic nomination in 2008 as the most qualified presidential candidate, and Trump as "not fit in any way shape and form to represent this country and be its commander in chief."

Trump was scheduled to campaign later Tuesday in Pennsylvania.

At times during his 30-minute speech, the crowd broke into cheers of "Thank you! Thank you!"

Trump has fashioned himself as a working-class hero, Obama said, after "70 years on this earth showing no concern for working people." He accused Trump of being unprepared, unserious and "not a facts guy."

At the rally, Obama made both the case for Clinton and for his own presidency. He claimed successes on diplomacy, health care, winding down the war in Afghanistan and reviving economy.

"Thanks, Obama," the president joked, turning a popular internet meme on its head. THE ASSOCIATED PRESS

+ COLLABORATION

U2 lead singer and activist Bono says working with a Trump administration to fight poverty would be his biggest challenge — "by far." He said he's still trying to figure out how he would deal with the party's current nominee, Donald Trump. THE CANADIAN PRESS

Angelique Arsenault CONTRIBUTED

NEW HAMPSHIRE

Hitching to get hitched

After waiting 11 years to marry her groom, a flat tire wasn't going to stop a determined New Hampshire bride from walking down the aisle on her special day.

With her limo rendered inoperable along an infrequently travelled road in Brookline, Angelique Arsenault stuck out her thumb and hitchhiked to the wedding venue in nearby Milford on Saturday.

Arsenault says her bridal party just laughed after receiving word of the flat tire from their driver.

With confidence fuelled by champagne, Arsenault in her white dress was able to flag down a passing motorist who gladly helped get her to the altar — albeit 30 minutes late.

Despite the small hiccup, Arsenault says the rest of her wedding was "amazing" and she now has a story her family will remember forever. THE ASSOCIATED PRESS

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Canada's exotic appetites growing

FOOD

Fine dining restaurants drive surge for unusual meat

Camel sausages and Kangaroo meat. ISTOCK

Once a week Peter Sanagan brings a whole wild boar carcass to his Toronto butcher shop. He divvies it up into chops and other cuts, selling it to adventurous eaters who wander into the Kensington Market store.

While more familiar meats like beef and pork account for up to 90 per cent of sales at Sanagan's Meat Locker, the remainder comes from people seeking so-called exotic meats like wild boar. Game birds are popular, too. "When in season, we'll have things ... like pheasants and partridges and squabs, wild turkey," Sanagan says.

Though exotic meat consumption is not well tracked, demand for it appears to be rising and some industry insiders and watchers say that's likely to continue as foodie culture grows.

> **Restaurants are pushing the envelope.**
> Michael von Massow

In Canada, consumption of less traditional meats like horse, venison, camel, rabbit and game grew 10.6 per cent a year between 2010 and 2015, according to estimates from market research firm Euromonitor International.

Fine-dining restaurants are the main drivers of these types of meats' surge in popularity, according to Michael von Massow, an assistant professor at the University of Guelph.

Diners are seeking a culinary experience they can't get at home, he says. "Restaurants are pushing the envelope to try and give us an experience," says von Massow.

Canadian chefs have been experimenting with horse, quail, kangaroo and other meats. Toronto restaurant The Beast, for example, allows customers to pick from a list, and will create a six-course tasting menu. THE CANADIAN PRESS

CAFÉS

Starbucks to post calorie counts

Starbucks customers will soon have another consideration besides price when deciding between that grande and venti — calories. The coffee behemoth says it's going to start posting calorie counts on all its menu boards across Canada starting Sept. 29, with pastry-case labeling to follow on Nov. 2.

"We will be the largest national retailer to fully provide caloric information on menu boards in store," said Starbucks Canada president Rossann Williams, who will make the announcement Wednesday.

The java chain is getting the jump on a new Ontario menu law that takes effect in January. By 2017, all restaurants, fast-food locations, movie theatres, supermarkets and convenience stores that serve hot food with 20 or more locations in the province must post calorie counts for each item on their menus, menu boards, on tags in display cases and at drive-thrus. TORSTAR NEWS SERVICE

How many calories are in this chile mocha latte? Starbucks will soon reveal it on their menus. TORSTAR NEWS SERVICE

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metro VIEWS
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Wednesday, September 14, 2016

EMMA TEITEL ON MILLENNIALS' JOB WOES

MP Niki Ashton is in the middle of a cross-country tour of sorts, hosting town halls on the subject of precarious employment, listening to the grievances of young people from coast to coast

Early last week, on a stormy evening in downtown Toronto, 34-year-old New Democrat MP Niki Ashton led a town hall discussion about "Precarious Work in the Millennial Generation."

Ashton, MP for the Manitoba riding of Churchill-Keewatinook Aski and is the NDP critic for jobs, employment, and workplace development, spoke to a group of about 40 people — most of them under 40 — in a drab room at the United Steelworkers Hall.

At the back of the room on a table near the door, there was complimentary coffee in self-serve, cardboard carriers from a nearby Krispy Kreme. And up front, there was a lot of anxiety.

A nearly broke 30-year-old sommelier and waiter lamented the lack of advanced scheduling and regulation in his industry; "my dream," he said, "is to be in the black."

A woman, who said she was there speaking on behalf of her 20-year-old niece, asked Ashton what could be done about employers who take advantage of their young charges.

And a young man who said he worked in the Trump hotel, of all places, told a story of bad bosses and worse luck.

Almost everyone sought lower tuition fees, a $15 or $20 minimum wage and an end to a culture of crappy contracts for young people that offer no security.

Some liked the idea of "floating benefits," a dental plan, for example, that follows a person from job to job. Others, in traditional NDP fashion, wanted everything and more: an overhaul of the system as we know it.

Ashton took notes and like a northern Obama, she thanked "folks" for sharing. But she couldn't and can't — at least not yet — offer anything in the way of a policy antidote to their woes.

Elected officials, like our crotchety uncle, love stories about that 'one guy' who confirms everything wrong with kids these days.

VOICE OF A GENERATION Niki Ashton is helping young people get jobs in a precarious labour market. She has been holding a series of meetings and interviews across the country to find out the depth of the problem. RICHARD LAUTENS/TORSTAR NEWS SERVICE

This is because the MP is in the middle of a cross-country tour of sorts, hosting town halls on the subject of precarious employment, listening to the grievances of young people from Halifax to the West Coast who feel they will never be able to settle down, have kids or (the biggest long shot, especially in Toronto and Vancouver) buy a house.

Ashton will present the findings of her tour — and, she hopes, some policy solutions to the problem of precarious employment — at a forum in Ottawa at the end of October.

The MP sat down with me the morning after she led the town hall in Toronto, and though she couldn't tell me in specific terms how she would make life better for the 18-34 demographic, she did tell me this: In order to achieve any meaningful change, we need to first dismantle the popular stereotypes that millennials are "lazy" and "disinterested."

"This requires a shift in mentality," Ashton said, highlighting the fact that after she writes about precarious labour on social media, "I still have to go on my own politician Facebook page and erase comments like, 'Oh get a job.'"

The narrative of the ingrate millennial is so entrenched in our culture, she said, it turns up in places where people should really know better.

For example, Ashton told me that in the spring, she was at a committee meeting on employment insurance when a witness "went on and on about how millennials just don't want to work."

"This person made reference to some guy bringing his mom to a job interview," Ashton said, "and even though the meeting was about EI and not this one guy, this is what my colleagues on both aisles chose to hook onto."

There was no evidence, she said, as to who "this guy" was or whether he was representative of a larger group of lazy people his age, and yet some of the older policy-makers in the room determined that "this was a real problem."

Yes, apparently, our elected officials, just like your crotchety uncle, enjoy sharing stories about that "one guy" who just so happens to confirm everything wrong with kids these days.

The funny thing, however, is that Ashton — a member of Gen Y, albeit an old one (her contemporaries include Nicki Minaj, 33, and Drake, 29) — has been characterized as a stereotypically flaky and hypersensitive millennial herself.

This was evident when she took a day trip to the campaign offices of Bernie Sanders earlier this year, and was more or less characterized in the press as a kid playing hooky to see a rock concert. "I guess I hit a slow news day," she recalled. "Because everybody and their dog was into it."

And who can forget Elbowgate in May, when Ashton made the ill-advised and, frankly, absurd suggestion that Trudeau's accidental elbowing of a fellow MP on the floor of the House of Commons contributed to an unsafe workplace for women.

In the end, then, Ashton isn't just battling negative perceptions about an entire generation, but negative perceptions about herself, too.

She hopes, however, that by making the issue of precarious millennial labour official, via "town halls" like the one she conducted last week, older leaders and perhaps the public at large will have a change of heart.

I hope so, too.

Emma Teitel is a national columnist for the Toronto Star.

You know what's really unlikable? A label that's unfairly applied to women

Vicky Mochama
For Metro

Hillary Clinton is the least likable Democratic presidential candidate in history.

So we've been continually told. (And unfortunately there are no metrics attesting to Polk's temperament in 1844.)

Likability is one of the many traps for women, alongside the gender pay gap. Others include lack of free birth control and 98 types of volumizing mascara. The reasons that Clinton scores low on likeability can seem important and serious, and yet those reasons are entirely gendered.

In a post for Humans of New York, she writes about learning to keep her feelings in check: "I had to learn as a young woman to control my emotions. And that's a hard path to walk. Because you need to protect yourself, you need to keep steady, but at the same time you don't want to seem 'walled off.'"

Ever since, Hillary, like many women, has been adding bricks to the wall around her emotions. It's a familiar trope. For women who work with men, protecting emotions are also about protecting yourself from the feelings — anger among them — of men. If Ginger Rogers did everything Fred Astaire did but backwards and in heels, then she probably never showed how much it hurt or told him when ideas were actually hers.

Likability is a lie wrapped in data that says very little about the kind of leader you might be getting. With enough media training and staged affability, even the Terminator could achieve a sort of Dennis the Menace-like charm.

When applied to female politicians, likability takes a dangerous turn. It takes so little for a woman to become a "bitch," but there's hardly an equivalent term for men. (Go on, think of a word, I'll wait.)

A woman has to take the right tone, wear the right clothes, laugh at the jokes of men who truly aren't funny and allow others to take her ideas. Countless advice books teach women how to make themselves smaller and more palatable. And most of those books are written by white women. What's one to do if one's hair is different or if it's covered? What about larger ladies or those who weren't born women?

Likability doesn't get things done. If it did, Tom Hanks would be president.

In over forty years of public life, Clinton has gotten things done. Saying Hillary is the least likable candidate sounds to me like saying, "She's the candidate most like a successful woman."

Vicky Mochama is a writer and host of Commons, a political podcast.

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HEADLINE

COFFEE

For the love of Sumatra

Big, bold notes from a small Indonesian island

Shiny red cherries pop among the abundant green berries on trees along the slope of a lush mountainside rainforest in Sumatra. The climate is hot and extremely humid, with monstrous flowers [Rafflesia arnoldii], myrtles, orchids and Sumatran pine the dominant vegetation. On a typically tiny plantation not far from Lake Toba, the largest volcanic lake on earth, farmers handpick their brightly hued harvest. It's hard graft in the sapping mugginess – work that's been done here for generations. And it's the first step on the journey to make one of the world's best coffees.

Bean there

The country's 3,200-mile archipelago has more than 13,000 islands and 100+ active volcanoes. And, crucial for coffee lovers the world over, its fertile soils, abundant rainfall and high temperatures are ideal for a wide variety of coffee beans.

Sumatra is one of the country's five main islands. From the central part of northern Sumatra, in particular, comes a wonderful, very intense coffee. In the cup the coffee possesses a heavy, full body, concentrated spicy, earthy, and robust taste with an herbal aroma – all with incredibly low acidity.

"The elevation in which coffee is grown at has a profound effect on taste," says Eric Shabsove, president of Mountain View Coffee, a Canadian wholesale food distributor and coffee roaster. "Altitudes over 1,200 metres provide the best growing conditions for coffee. These altitudes provide the right amount of rainfall and the richest soils."

The wet way

Central to this Sumatran bean's unique characteristic is a preferred processing method – wet-hulling. This process sees the bright red cherries picked from small farms and sent to a local processing plant where they are pulped, which means that the beans are run through a hand-crank drum [with a surface not unlike a cheese grater] that peels off the skin of the fruit. Workers will then ferment the coffee in any number of ways – either in a polypropylene bag, a plastic tub, or a concrete tank – to get the fruit layer [mucilage] to break down. After overnight fermentation, the mucilage can be washed off, and what's left is wet parchment coffee – the green bean inside the parchment layer that encompasses it, still swollen with water.

"Processing matters in really fundamental ways," says Shabsove. "A coffee bean grown in Sumatra and processed through wet-hulling will taste remarkably different than the same kind of bean grown in Sumatra and put through the entirely different process of having the fruit stripped from the bean and the bean dried on a patio over enough time to reduce its moisture content."

At this point, the coffee is sun-dried on outdoor concrete patios for two weeks until the internal moisture levels reach the right percentage – usually around 11 percent. The beans are then packed in 60-kg burlap bags ready to make the trip to warehouses, near and far, for roasting.

Welcome to Canada

"I really love the look of the raw green coffee beans when they arrive in our warehouse," says Shabsove. "They have a wild-looking appearance with a greenish, aqua-blue tone to them."

Mountain Views' facility boasts a large volume two-stage drum roaster. The oven or furnace is separated from the roasting drum preventing the coffee from coming in direct contact with the gas flame. This creates a consistently even roast throughout the entire batch.

For some coffee drinkers in Canada, the bold taste of this Sumatran coffee is worth savoring for many reasons.

"A colleague who was born and grew up in Aceh, in the westernmost province in Sumatra, once told me that Sumatra coffee is not only a product, but represents the culture as well," says Sita Nurfitriani, consul for economic affairs at the Consulate General of the Republic of Indonesia in Canada. "Having Sumatra coffee in Canada reminds him of everyday life back in Aceh. He wishes that, through coffee, we can share our rich culture with Canadians and people all around the world.

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Directors Guild of America finds women directed 17 per cent and minorities 19 per cent of the more than 4,000 TV episodes produced last season.

Hollywood guild report exposes a "lack of real progress" in production diversity

TIFF INTERVIEW

Neruda: A melodic game of cat and mouse

In Neruda, **Gael Garcia Bernal plays Óscar Peluchonneau**, a wiry moustachioed cop hunting down the Chilean poet. On Tuesday, it was revealed the film is Chile's Oscar submission for next year.
HANDOUT

INTERVIEW

Cast brings a little bit of Latin America to Canada

Eva Salinas
For Metro Canada

While sitting down for a taco lunch Tuesday at the Intercontinental Hotel in Toronto, actor Gael Garcia Bernal politely addresses a waiter: "Excuse me — I'm Mexican," he says.

"And I'm Chilean," adds director Pablo Larrain, next to him.

This is no personal introduction to the wait staff — it's a request for hot sauce.

A little more Latin America in Canada, please.

But spice aside, Garcia Bernal and Larrain had already boosted the Latin presence at the Toronto International Film Festival this week when they arrived to premiere Neruda, an alt-biopic of the renowned Chilean poet Pablo Neruda. They were also joined by cast member Luis Gnecco, who plays the title role, to discuss the film, poetry, art, and Latin American culture.

"What I'm impressed about and makes me feel like a spectator of the movie, in the best sense of the word, is how (Larrain and writer Guillermo Calderon) intertwined everything so that all of a sudden, without knowing, the audience is like 'S—, I'm inside a poem,'" Garcia Bernal says.

Garcia Bernal plays a wiry, mustachioed cop hunting down the communist poet — who at the time was wanted for arrest — all the while doing a bit of soul searching of his own. The result is a melodic game of cat and mouse, with beautiful Chile as the backdrop.

Larrain says the cop character wasn't included in the original treatment of the film when they set out to write it five years ago.

"I said to my brother (producer Juan de Dios Larrain) we can't make this movie, forget it. We can't make a docudrama or, like, a Sunday night show about Neruda, it would be impossible. So we brought in the cop and that's when the fun started: the friction between two characters."

It's a reunion for the three who worked together on Larrain's 2012 film, No, in which Garcia Bernal played an ad executive out to persuade Chileans to vote 'No' against dictator Augusto Pinochet in the 1988 plebiscite.

Both Garcia Bernal and Larrain have other films at TIFF this year — the former acting in Werner Herzog's Salt and Fire and Larrain with his buzzed-about Jackie, another alt-biopic about Jacqueline Kennedy, starring Natalie Portman.

But it is Neruda that tells the story of one of the most influential, complex and adored Latin American artists — a nod to the trio's love not only for film and art, but to telling stories from home.

"He was a communist; he was an expert on food; a collector; he was expert on crime novels; he loved women. And he was probably one of the most important writers of our language," Larrain says.

A little bit of Latin America, indeed.

"He was one probably one of the most important writers of our language

Director Pablo Larrain, on poet Pablo Neruda, portrayed in his film by Luis Gnecco, pictured left

LITERATURE

Two Canadian authors shortlisted for Man Booker Prize

Two Canadian authors have made the short list of six writers for the Man Booker Prize.

Vancouver-born Madeleine Thien and Montreal native David Szalay were nominated in London early Tuesday along with two American and two British authors also vying for the prestigious award.

Szalay, who is now based in Hungary, received the nomination for his book All That Man Is (McClelland & Stewart.)

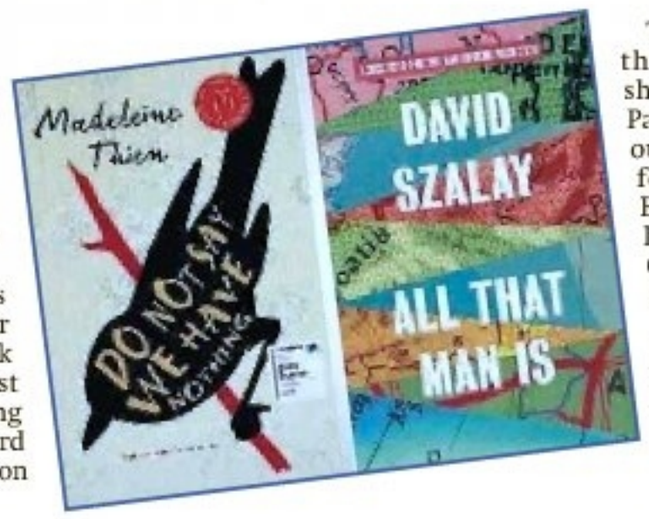
The story is set in various European cities and follows the lives of men at different stages in their lives, from their teens through old age.

Thien was recognized for Do Not Say We Have Nothing (Knopf Canada). The story is set in China before, during and after the 1989 Tiananmen Square protests.

Thien, now based in Montreal, told The Canadian Press last month when she made the Man Booker long list that the heart of her story involves three Chinese musicians who are studying Western classical music at the Shanghai Conservatory of Music in the 1960s.

The novel explores the revolution that occurred under Mao Zedong and the many political campaigns that pulled apart people's lives.

Thien's book was also longlisted for Canada's ScotiaBank Giller Prize just last week. The winning author of that award will be announced on Nov. 7.



The other authors on the Man Booker Prize short list are Americans Paul Beatty for The Sellout and Ottessa Moshfegh for Eileen plus British writers Deborah Levy for Hot Milk and Graeme Macrae Burnet for His Bloody Project.

Founded in 1969, the award had previously been open to writers from Britain, Ireland and the Commonwealth, but was expanded in 2014 to include all English-language authors.

The winner of the 50,000 pound (C$87,000) prize will be named on Oct. 25. Each of the six writers on the short list receive 2,500 pounds (C$4,300)

The British literary award, which usually brings the victor a huge sales boost, is named after its sponsor, financial services firm Man Group PLC.

Jamaican writer Marlon James won the 2015 Man Brooker Prize for his book A Brief History of Seven Killings.
THE CANADIAN PRESS

INTERVIEW

Kidman's personal link to new film Lion

Steve Gow
For Metro Canada

Nicole Kidman is getting a lot of attention for playing Sue Brierley — the real-life adoptive mother of an Indian boy in the emotional new drama Lion. Then again, as a mother of two adopted children herself, the role may not have been a huge stretch.

"I think that's what I probably bonded with Sue about," admitted Kidman during an interview at the Toronto International Film Festival. "And that's one of the reasons she wanted me to play the role, she said — I think I just related to her on that level."

A harrowing true story, Lion follows the incredible journey of a 5-year-old who is mistakenly separated from his poverty-stricken home and winds up thousands of miles away on the streets of Calcutta.

That is, until he is luckily taken in and raised by a loving Australian couple. Directed by first-time filmmaker Garth Davis, the epic drama traces the young man's quest to uncover his long lost biological family years later.

"I'm in such a great place in the sense of being able to work with and support new directors," said the Oscar-winning actress who, at 49 years old, has clearly found a new perspective late in her career.

"Time is so precious. I lost my father about a year ago and I think from that point on I've (thought) don't worry about anything, jump in, have fun, give it a go and if it doesn't work out try the next thing."

For Kidman, Lion has certainly worked out. Although it's a supporting role, the movie has been receiving heaps of praise and even Oscar-talk for Kidman and co-star Dev Patel.

More importantly to her, she's been able to explore themes of motherhood and return home to Australia in order to make the movie near family.

"It's important and I try to do it regularly," said Kidman, who has since returned to film Jane Campion's acclaimed TV series Top of the Lake.

"When I'm there I can be with my mom, and my kids see all their friends, and my sister comes over from Singapore (so) to be able to work there as well is fantastic — I'm very fortunate."

Nicole Kidman plays real-life adoptive mother Sue Brierley in Lion, which had its premiere at TIFF. CONTRIBUTED

On-air suicide of reporter explored in dramatic film

CHRISTINE

This tragic outsider tale has a compassionate feel, actress says

Richard Crouse
For Metro Canada

"If it bleeds it leads," is an accepted mantra around newsrooms these days, but back in 1974 it was a new, controversial idea.

In the based-on-true-events film Christine, actress Rebecca Hall plays Christine Chubbuck, an investigative reporter at a local ABC affiliate in Sarasota, Fla., who committed suicide on air.

She was particularly disdainful of news sensationalism until she became the poster child for it by one day announcing to her viewers: "In keeping with WZRB's policy of bringing you the latest in blood and guts, and in living colour, you are going to see complete coverage of an attempted suicide," before putting a gun to her head and pulling the trigger.

"There are a lot of films that portray misfits and odd people as cool," says Hall during a stop at the Toronto International Film Festival.

"I don't want to say it fetishizes it, but sometimes it makes it seem aspirational or trendy.

"The access (to Christine) for me personally was feeling like you are different and not accepted. That can be excruciating.

"Especially if you are a woman, especially at that time when you were operating it in un-meritocratic system. She had integrity. She wanted to serve her community.

"That was her driving force but she was not rewarded for that. (People around her) thought, 'Well, you're a bit weird.' They didn't know how to deal with that."

Chubbuck's progression as a news anchor to larger markets was stymied by depression — "my life is a cesspool," she says in the film.

Her illness culminated with the news reporter becoming the news with her on-air death. "To me, Christine is someone who went through her life every day thinking, 'OK what does it look like to be normal?' What she perceives to be normal.

"She looks to everyone for affirmation. Am I doing OK? Did I get away with it today? Am I like you? Am I accepted? Sometimes she's really good at it, and sometimes she's really bad at it.

"But regardless, her community accepts her. The tragedy of the film is that she doesn't see that."

It is a compassionate film, Hall says. "It is a cautiously optimistic film about people."

It is one of those jobs that if you are incredibly lucky you get maybe three of them in a career. And that's only if you are incredibly successful ... and often only if you are a man.

Christine's Rebecca Hall on her complex role

Rebecca Hall plays Christine Chubbuck in the film, Christine, which tells the true story of a journalist who shot herself in the head during a live news broadcast. LIZ BEDDALL/FOR METRO

ROUNDUP

Curator for TIFF's Primetime program shares his TV picks

Michael Lerman has, arguably, the toughest job in the golden age of television.

He has to figure out what TV shows to present as part of the Toronto International Film Festival's Primetime program.

This is the second year the Toronto film festival has chosen to honour TV as an art form with its own curated section.

Lerman's problem is that there are 419 new and original scripted English language series to choose from in 2015.

But Lerman says that's not a bad problem to have.

"I wish I did have space for all the good stuff as well as the great stuff. There are people out there making some really great art in the world of television."

Here are a few of Lerman's picks with his comments.

Black Mirror

Created by Charlie Brooker; U.K./South Africa; world premiere; two episodes presented. Rashida Jones (left) co-wrote the episode Nosedive.

"Black Mirror is a very popular, almost underground show in the U.K. that moved to Netflix. This season is bigger and bolder. It's Twilight Zone for the technological age. The cast is fantastic. Some of the stuff is very unique and even nastier in a different way."

Transparent

(Created by Jill Soloway; U.S.A.; world premiere; three Season 3 episodes presented starring Gaby Hoffmann (below)

"Lots of people have said many things about Transparent already. But having had the privilege of seeing Season 3 in its entirety, I can say with absolute certainty that this is the best season by far. It's really incredible, emotional and just brilliant."

nirvanna the band the show

(Created by Matt Johnson and Jay McCarrol (right); Canada; world premiere; three Season 1 episodes presented)

"Matt Johnson turned his web series into a show for VICE. It's somewhat absurdist, it plays with structure, each episode is very different in many ways and it showcases what they can do with the show. And it also interacts with the real world. It uses the rules set up by Borat and Jackass interacting with real people blended in.

TORSTAR NEWS SERVICE

Angela Liddon just keeps on glowing

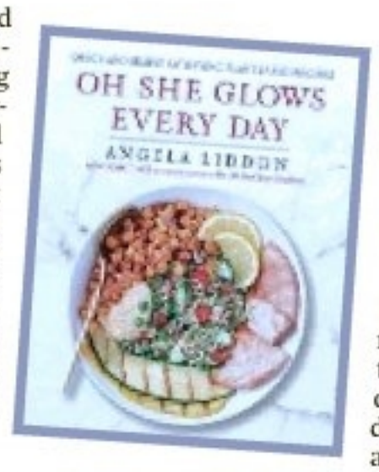
INTERVIEW

Vegan blogger continues to build her healthy empire

It's a sweltering day in a record hot summer and Angela Liddon, nearly eight months pregnant, is on her feet in — where else? — the kitchen of her Oakville, Ont. home. Yet she couldn't look more cool and content.

This Oakville kitchen is the epicentre of the Oh She Glows enterprise, which includes her website, The Oh She Glows Cookbook, which has sold 300,000 copies and is available in multiple languages, and a recipe app. Her second book, Oh She Glows Every Day, hits shelves this weekend while her first is still a fixture on bestseller lists.

Liddon burst onto the scene just as the food-as-lifestyle movement was taking off. She launched her blog in 2008, the same year she and Eric married and celebrity Gwyneth Paltrow launched Goop.



She started with a two-paragraph blog post on Halloween. Her second was titled Is Anyone Out There? Turns out there was — more than 1.2 million unique visitors a month, according to Eric, who handles technical and business operations.

Magazines have called Liddon a "trendsetter" and "healthy living guru." But that was never her career plan. She didn't grow up cooking, and didn't bake her first pie until age 25. Meals in her household were a matter of getting food on the table.

After earning her Masters in social psychology, she worked as a researcher before walking away to pursue a new dream.

The decision came at a tumultuous time in her life. Her longtime love-hate relationship with food had turned into an eating disorder, which she describes as a 10-year "vicious cycle of basically starving myself for a few days and then binge eating and feeling guilty and sick."

Therapists helped her realize something had to change. Eating disorders aren't about food, she says, but gradually shifting what she ate changed her attitude while recovering.

"It helped me realize food is not the enemy, that it can make you feel energized and good."

Her first year posts ranged from giddy to confessional. To this day she still uses a lot of exclamation marks and opts for earnest over edgy.

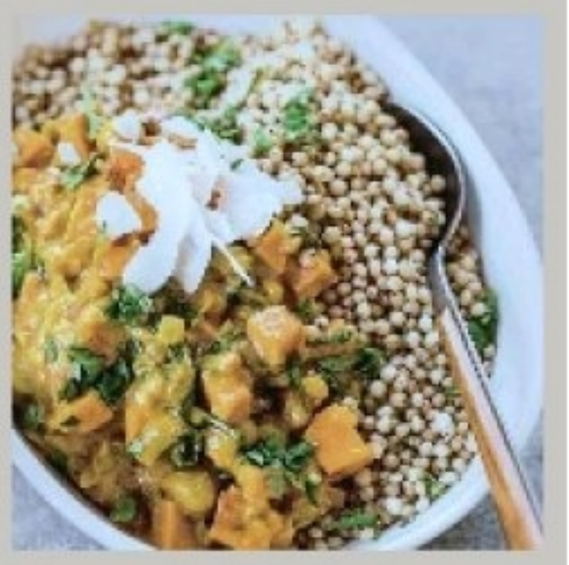
Readers quickly responded to the passages that dug deeper.

"What the pictures don't show are the tough times," she began one of her early posts.

TORSTAR NEWS SERVICE

RECIPE OH SHE GLOWS EVERYDAY

This mild, savoury dish was popular among family members who aren't curry fans and those who claim they only like it hot. There's something about the mellow flavour and slight sweetness of the coconut milk that pleases both palates.



Sweet potato, chickpea and spinach coconut curry

Ingredients:

- 4 tsp (20 mL) virgin coconut oil
- 1 tbsp (15 mL) cumin seeds
- 1 medium onion, finely chopped
- Pinch of salt
- 3 large gloves garlic, minced
- 4 tsp (20 mL) grated fresh ginger
- 1 tsp (5 mL) each: ground turmeric, ground coriander
- 1/4 tsp (1 mL) red pepper flakes
- 3 cups (750 mL) sweet potato, about 2 medium, peeled and cut into half-inch (1 cm) dice
- 1 1/2 cups (375 mL) cooked or canned chickpeas, drained and rinsed
- 1 1/2 cups (375 mL) diced tomatoes, with juices
- 1 14-oz (398 mL) can light coconut milk
- 4 cups (1 L) lightly packed baby spinach
- 3/4 tsp (4 mL) fine sea salt
- Freshly ground black pepper, to taste
- Optional garnishes: chopped cilantro, unsweetened large-flake coconut, lime wedges

Directions:

1. In a large saucepan, heat oil over medium heat until a cumin seed tossed into it sizzles. Add cumin seeds and toast about one minute, until fragrant and slightly darkened. Stir in onion and salt and cook 3 to 5 minutes, until onion is soft and translucent.

2. Add garlic, ginger, turmeric, coriander and red pepper flakes. Stir and sauté a couple of minutes until garlic softens.

3. Add sweet potato, chickpeas, tomatoes and coconut milk. Stir to combine, cover and simmer over medium-low heat for 20 to 30 minutes, until potatoes are fork tender.

4. Stir in spinach and cook until wilted. Add the salt and pepper.

5. Garnish with cilantro, coconut and, if desired, lime wedges to squeeze over top. Store in airtight container in fridge up to 5 days or freeze up to one month.

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Lunch on the go

If occasionally you've got to grab lunch for the kids on the go, choose wisely.

PICK THIS

Subway Kid's Pak: Turkey Mini Sub and Apple Slices

Calories 230
Fat 2.5g
Sodium 465mg

SKIP THIS

Schneiders Lunchmate Turkey Stackers

Calories 300
Fat 14g
Sodium 880mg

HERE'S WHY

Equivalent to 10 McDonald Mini Fries in sodium

A homemade lunch is always best, but sometimes we give in to a fast food treat, especially if we're short on time. While your kids may love building their own lunch, as with Lunchmate Turkey Stackers, keep in mind that the turkey is smoked and contains sodium nitrites, the cheese is processed — and to boot, a chocolate bar for dessert! This packaged lunch offers up little nutritional value, excess fat and an abundance of sodium. A Subway mini turkey sub on a 9-grain bread with apple slices is a better pick, with less calories, half the sodium and a fraction of the fat.

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LAMBDA
Lambda Therapeutic Research

Study #0443-16
1 period with several return visits

	Check-in	Check-out
Group 1	September 15th, 2016	September 18th, 2016
Group 2	September 29th, 2016	October 2nd, 2016
Group 3	October 13th, 2016	October 16th, 2016

FOR MORE INFORMATION
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Smaller SUV more suited to the city

HANDOUT

REVIEW

New Acadia offers better efficiency, handling

Jonathan Yarkony
AutoGuide.com

In any segment, there are always outliers at the extremes of the spectrum, while the majority sit somewhere in the middle.

The GMC Acadia and its platform twins were at the larger end of the spectrum, with one of the bigger footprints and interiors in the "midsize" crossover segment.

That is all about to change.

GM is spreading out its range, with GMC inheriting this smaller midsize platform from the Cadillac XT5 and delivering proper five-seat compacts like the Envision, while Chevrolet and Buick are sticking with larger midsizers like the current Traverse and Enclave.

With the Acadia shrinking, logic dictates that the Terrain will similarly shrink to retain the same spacing between models in the GMC lineup.

With the 2017 GMC Acadia, GM is targeting the middle, and perhaps even going to the opposite extreme, chopping about 18 centimetres from its length and wheelbase. It's now shorter than anything in the segment except the Kia Sorento, and one of the narrowest) as well.

The size reduction has resulted in huge weight savings and added maneuverability, which offers huge benefits in the fuel efficiency and handling departments, and with a smaller turning radius, it is now far better suited for city life.

While it's no MINI, the far more compact footprint was a relief when driving through Vancouver, B.C., a city with notoriously narrow lanes and tight roads.

GMC is able to offer a more modest powertrain option in addition to a V6, which was the only way to get the previous generation. This engine is new to GMC, but previous experience in other GM models equipped with the same powertrain showed its smoothness and power should be good for the Acadia's much more modest weight.

The drive from Whistler to Vancouver was a perfect route to see the cylinder deactivation in action, as the descents allowed the engine to take it easy and only run on four pots.

Of course, it was the ascent that proved the real value of the V6, making easy work of any steep climbs, and living up to GM's refinement claims as it quietly went about its business even when accelerating hard up an incline.

We did not test the towing capacity, but the power certainly felt sufficient, while its balanced, stable ride also should contribute to comfortable trailering. Even the steering is much improved, appropriately light

The 2017 GMC Acadia is firmly in the middle of the segment and offers exactly the mix of capability and convenience that consumers are looking for in a midsize crossover segment.

THE CHECKLIST | 2017 GMC ACADIA

THE BASICS

Engine: 2.5L 4-cyl; 3.6L V6
Power: 193 hp/255 lb-ft; 310 hp/271 lb-ft
Transmission: Six-speed automatic
Fuel Economy (L/100 km): 11.0/9.2 (2.5 FWD); 11.2/9.4 (2.5 AWD); 13.0/9.3 (3.6 FWD); 13.3/9.5 (3.6 AWD)
Price: Starts at $34,995

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- Smooth powertrain

LEAVE IT

- Limited cargo space
- Cramped third row
- Generic styling

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ON 2016 ROGUE S FWD

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Powering up the next-generation

TECHNOLOGY

Meet the batteries that future cars may use

Sami Haj-Assaad
AutoGuide.com

Old-school car batteries may one day be replaced with ones like nanotube lithium-ion and solid state batteries. ISTOCK

Although gasoline vehicles are getting more efficient, there's no denying that they still pose some harm to the environment. The future of motoring is electric vehicles.

Electric vehicles are seen as a global saviour, something that can help fix the damage internal combustion has wreaked on the environment. More research and testing is going into developing and improving the components in EVs, but nothing is more important than the car's battery.

Most EVs currently use a lithium-ion batteries, but they have a low energy density. That means that for their size, they don't pack much power.

Incremental advancements that will bring down the size and cost of lithium-ion batteries are happening, but they won't help to significantly improve the range of EVs.

On the other hand, lithium-ion batteries have one significant advantage and that's in regards to recharging — they can be recharged hundreds of times without losing their capacity.

But there are alternatives that could change the way electric cars work in the future.

Nanotube Lithium-Ion

Nanotubes are long microscopic threads that can store and release more ions than a traditional lithium-ion battery. They can discharge and charge faster than most batteries, because, well, they're not real batteries — they're more of a supercapacitor. These nanotubes can be layered like sheets and are combined with Graphene (an extremely thin, strong layer of pure carbon) to make a storage system.

Researchers from the Nanyang Technology University (NTU) in Singapore have developed a kind of nanotube-based battery that can reach 70 per cent of its charge in two minutes, while being able to last 20 years before deteriorating.

Lithium Air

One solution to make lithium batteries more energy dense is to use carbon instead of heavier metals. The carbon would react with oxygen to make electricity, but although it's called lithium air, it's still a type of battery. IBM has been researching and developing these batteries in order to provide a new type of energy storage for electric vehicles.

In theory, this could help improve the range of EVs, although there are still some kinks to be worked out, including how stable the technology is. Expect it to hit cars as soon as 2020.

Solid State Batteries

Solid state batteries shun the liquid materials used in current lithium-ion batteries and do away with that lithium air idea. Instead, it uses non-volatile materials that are stable at high temperatures. That's a big deal because extreme temperatures wear out current batteries, which reduces their effectiveness. Solid state batteries, in comparison, would be safer and longer lasting.

Several companies are investing a lot of money into this technology, including Dyson.

Semi-Solid Flow Battery

There are many unique ideas out there trying to make EVs better. By taking the normal lithium-ionbattery and combining it with the theory behind a fuel-cell vehicle, you get a semi-solid flow battery. These work by putting the energy storage material in external tanks, which would mean that storage capacity isn't limited by the size of the battery itself. This would help improve the costs associated with batteries.

WHEELS NEWS IN BRIEF

Water Injection System from the BMW M4 GTS will Spread to other cars

BMW's new water injection system that debuted under the hood of the M4 GTS is set to spread throughout the industry. The system was designed through a collaboration between BMW and Bosch, which expects to put water injection into mainstream production by 2019.

Water injection brings numerous benefits, the most important of which is increased efficiency and a reduction in emissions, two engine characteristics that all automakers are grappling with in order to meet strict government-imposed fuel economy standards. STEPHEN ELMER/AUTOGUIDE.COM

Audi all-electric flagship to arrive by 2020

Audi has a new range-topping all-electric luxury car in the works that will likely be called the A9 e-tron.

This car will serve as the pinnacle of the German automaker's all-electric car lineup, sitting above a new A3 e-tron and the upcoming Q6 e-tron SUV. Range on a single charge is expected to be 500 kilometers for the A9 e-tron while performance is said to match the Tesla Model S, which can now sprint to 97 km/h in 2.5 seconds in top trim.

STEPHEN ELMER/AUTOGUIDE.COM

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HONDA

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*No purchase necessary. Closes September 30, 2016 (10:00 p.m. ET). Open to Ontario residents (18+). Enter when you purchase, lease or finance a new and unused 2016 Honda model along with an eligible set of four (4) new winter tires from an Ontario Honda Dealer by September 30, 2016. Total of 30 prizes (3 per week) available – each consisting of a cheque in the amount of the selling price (inclusive of applicable fees and taxes) of the winter tire portion of the eligible purchase. Example: if the confirmed winner purchased, leased or financed a 2016 Civic LX Sedan 5MT with a set of four (4) new Michelin winter tires (model: X-Ice 215/55R16 part #: MO7726) then his/her Prize will consist of a cheque payable in the amount of $891.26 (calculated as $694.52 [$173.63 per tire] plus tax [$90.29]; $14.20 Ontario Tire Stewardship recycling fee plus tax [$1.85]; and $80 installation plus tax [$10.40]). Excludes rims, installation and storage costs. Skill-testing question required. Non-winning eligible entries automatically carry forward to subsequent draws. Odds depend on number of eligible entries. Full rules (including no purchase entry details) at www.honda.ca/special-offers/ontario/WINTER-TIRES-CONTEST. Limited time lease offers available through Honda Financial Services Inc. (HFS), to qualified retail customers on approved credit. Weekly payments include freight and PDI (ranges from $1,595 to $1,725 depending on model), EHF tires & filters ($18.75), A/C charge ($100), and OMVIC fee ($10). Taxes, licence, insurance and registration are extra. ΩRepresentative weekly lease example: 2016 Civic LX Sedan 6MT (Model FC2E5GE) // 2016 Accord LX Sedan 6MT (Model CR2E3GE) // 2016 CR-V LX 2WD (Model RM3H3GE1) // 2016 HR-V LX 2WD 6MT (Model RU5G3GEX) on a 60-month term with 260 weekly payments at 2.99% // 1.99% // 1.99% // 4.99% lease APR. Weekly payment is $54.39 // $69.13 // $71.63 // $67.52 with $0 down or equivalent trade-in and $1,075 // $465 // $655 // $780 total lease incentive included. Down payments, $0 security deposit and first weekly payments due at lease inception. Total lease obligation is $14,142.18 // $17,973.31 // $18,623.52 // $17,555.64. 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. PPSA lien registration fee of $45.93 and lien registering agent's fee of $5.65, due at time of delivery are not included. ^$1,500 Bonus offer will be deducted from the negotiated price after taxes, can be combined with advertised lease and finance rates, and applies to retail customer agreements for new 2016 Honda CR-V models concluded between September 1st, 2016 and September 30th, 2016 at participating Ontario Honda Dealers. ∞$500 Honda Financial Services Inc. (HFS) lease & finance dollars are deducted from the negotiated price after taxes. Lease & finance dollars apply to retail customer lease or finance agreements through HFS for 2016 HR-V models concluded between September 1st, 2016 and September 30th, 2016 at participating Ontario Honda Dealers. For all offers: licence, insurance, PPSA, other taxes (including HST) and excess wear and tear are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at participating Ontario Honda Dealers. Dealer may lease for less. Dealer order/trade may be necessary. Colour availability may vary by dealer. Vehicles and accessories are for illustration purposes only. Offers, prices and features subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details.

Read this before getting new tires

CONSUMERS

The wrong update will set you back

Dan Ilika
AutoGuide.com

There's no quicker way to transform the look and feel of your ride than adding a new set of wheels and tires.

Whether you've got performance on your mind or pure aesthetics, it's important to know what you're getting into.

From understanding the terminology to understanding the risks involved, we've put together this handy guide outlining what you need to know before you buy.

Where Rubber Meets Road

All those letters and numbers on the side of the tire? Well, they mean some pretty important stuff.

Take a 215/55R16 93H, for example, the smallest tire available on the current-generation Honda Civic sedan. That means the tire has a section width (the distance from sidewall to sidewall) of 215 millimetres, an aspect ratio of 55 (because the sidewall measures 55 per cent of the section width), a radial construction (hence the 'R') and an interior diameter designed to fit on a 16-inch wheel.

The 93 represents the load index, or the amount of weight the tire can support, while the 'H' is a speed rating, meaning it's good for 210 kilometres an hour.

Hub size hubbub

When it comes to wheels, it's about more than just diametre and width, and your vehicle's bolt pattern can be the difference between wheels that fit and ones that don't.

Sure, a 16-inch wheel with a five-lug bolt pattern may seem simple, but hub sizes vary greatly depending on make and model. Picture the bolt pattern as a circle measured at the center of each wheel stud. A bolt pattern of 5×100, then, would mean five wheel studs with a diameter of 100 millimetres. Make sure you check out this number before you sign the dotted line.

Fitting in

So you've picked a wheel that matches your ride's bolt pattern, but what about fitment? This is where offset and backspacing come into play. The former means the distance from the dead center of the wheel to the mounting surface, while the latter means the distance from the back of the wheel to the mounting surface. Simply put, different cars have different offsets and you have to be aware of that before you buy wheels.

On the plus side

Plus-sizing — adding a wheelset that's larger than stock — is a popular way to go, and has its pros and cons, namely more grip or a sportier/more luxurious look with the cost of a slightly rougher ride.

Size matters

…When it comes to price, that is. As the diameter of the wheel increases, so does the price, though generally in manageable increments. Where the move to a larger wheelset really sneaks up on your wallet is when it comes to tires. Unlike wheels, tires can cost a great deal as the size increases, easily pushing beyond $500 a tire, depending on make and model.

CHEAPING OUT

It may be tempting to buy a new set of rims for $400, but buyer beware of poor construction. No one wants a cracked, bent or broken rim — or the damage it can cause to the rest of your vehicle — regardless of how enticing the price may be.

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IT'S EASY TO GET INTO A FORD

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible rainchecksable Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CHP). * Ford Employee Pricing ("Employee Pricing") is available from July 1, 2016 to September 30, 2016 (the "Program Period"), on the purchase or lease of most new 2016/2017 Ford vehicles (excluding all chassis cab, stripped chassis, and cutaway body models, F-150 Raptor, F-650/F-750, Mustang Shelby GT350/GT350R, Ford GT, and Focus RS). Employee Pricing refers to A-Plan pricing ordinarily available to Ford of Canada employees (excluding any Unifor-/CAW-negotiated programs). The new vehicles must be delivered or factory-ordered during the Program Period from your participating Ford Dealer. Employee Pricing is not combinable with CPA, GPC, CHP, Daily Rental Allowance and A/X/Z/D/F-Plan programs. † Until September 30, 2016, lease a new 2016 Focus SE for up to 60 months and get 0% APR on approved credit (OAC) from Ford Credit Canada Limited. Not all buyers will qualify for the lowest APR payment. Lease 2016 Focus SE with a value of $19,378 (after $1,645 down payment or equivalent trade-in and Employee Price Discount of $1,526 deducted and including freight and air tax charges of $1,700) at 0% APR for up to 60 months with an optional buyout of $6,990, monthly payment is $207 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of $95.66), total lease obligation is $14,365, interest cost of leasing is $0 or 0% APR. Taxes payable on full amount of purchase price after Employee Price adjustment has been deducted. Additional payments required for optional features, license, and insurance. All prices are based on Manufacturer's Suggested Retail Price. Some conditions and mileage restriction of 80,000km for 60 months apply. ¥ Driver-assist features are legal marked with † symbol for monthly and bi-weekly payment lease offer taxes. Excess kilometrage charges subject to change, see your local dealer for details. **See lease offer for details: the monthly payment is annualized (multiplied by 12) and then divided by the comparison details. Comparison payments are for reference purposes only and are calculated as follows: the monthly payment is annualized (multiplied by 12) and then divided by the comparison period (26 for bi-weekly, 52 for weekly and 365 for daily). For example ($299 x 12) / 26 bi-weekly periods = $138, /52 weeks = $69, /365 days = $9.83. ¥ Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. ^ Some mobile phones and some digital media players may not be fully compatible. Driving while distracted can result in loss of vehicle control. Only use SYNC systems/other devices, even with voice recognition and screens available in English, French and Spanish. Some features may be locked out while the vehicle is in motion or when it is safe to do so. SYNC voice recognition and via Wi-Fi and requires a separate update. Data rates may apply. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.

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0%† FINANCING UP TO 84 MONTHS

UP TO $14,000◊ IN TOTAL DISCOUNTS

HURRY IN. THESE OFFERS WON'T LAST LONG!

Starting From Price for 2016 Dodge Grand Caravan Crew shown: $29,985.[3]

2016 DODGE GRAND CARAVAN CANADA VALUE PACKAGE

CANADA'S BEST-SELLING MINIVAN FOR MORE THAN 32 YEARS

$121 @ 3.49% BI-WEEKLY FINANCING[1] FOR 96 MONTHS WITH $0 DOWN

STEP UP TO

THE 2016 ULTIMATE FAMILY PACKAGE AND GET **$10,350** IN TOTAL DISCOUNTS[4]

OR CHOOSE **0%** FINANCING[†] FOR 84 MONTHS ON MOST MODELS

OR GET UP TO **30% OFF MSRP** ON SELECT INVENTORY![5]

2016 DODGE JOURNEY CANADA VALUE PACKAGE – CANADA'S FAVOURITE CROSSOVER*

$122 @ 2.99% BI-WEEKLY FINANCING[>] FOR 96 MONTHS WITH $0 DOWN

STEP UP TO

THE 2016 ULTIMATE FAMILY PACKAGE AND GET **$4,700** IN TOTAL DISCOUNTS[4]

OR CHOOSE **0%** FINANCING[†] FOR 72 MONTHS

Starting From Price for 2016 Dodge Journey Crossroad shown: $32,140.[3]

Starting From Price for 2016 Jeep Cherokee Trailhawk shown: $35,590.[3]

2016 JEEP CHEROKEE SPORT FWD – BEST-IN-CLASS CAPABILITY[1]

$149 @ 3.49% BI-WEEKLY FINANCING[‹] FOR 96 MONTHS WITH $0 DOWN

OR CHOOSE **0%** FINANCING[†] FOR 84 MONTHS ON MOST MODELS

AND GET **$1,000** JEEP LOYALTY CASH[■] ON MOST MODELS

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GET UP TO **$12,000◊ TOTAL DISCOUNTS**

OR CHOOSE

GREAT OFFERS ON THE RAM 2500/3500 HEAVY DUTY

GET TOTAL DISCOUNTS OF UP TO **$14,000**[‡]

Starting From Price for 2016 Ram 1500 Sport with Performance Hood shown: $42,135.[3]

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Examples: $30,000 financed at 0% for 72/84 months equals 156/182 bi-weekly payments of $192/$165, a total obligation of $30,000 and $0 cost of financing. ◊$14,000 in Total Discounts is available on select new 2016 Ram HD 2500/3500 models and consists of $12,500 in Consumer Cash Discounts and $1,500 in Ram Truck Loyalty/Conquest Bonus Cash. See your retailer for complete details. $12,000 in Total Discounts is available on new 2016 Ram 1500 models (excluding Reg Cab) and consists of $10,500 in Total Incentives and $1,500 in Ram Truck Loyalty/Conquest Bonus Cash. See your retailer for complete details. ‡3.49% purchase financing for up to 96 months available on select new 2016 models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Examples: 2016 Dodge Grand Caravan Canada Value Package (29E)/2016 Jeep Cherokee Sport FWD (24A)/2016 Chrysler 200 LX (28A) with a Purchase Price of $21,905/$27,085/$23,589 with a $0 down payment, financed at 3.49% for 96 months equals 208 bi-weekly payments of $121/$149/$130 with a cost of borrowing of $3,214.65/$3,974.84/$3,461.79 and a total obligation of $25,119.65/$31,059.84/$27,050.79. €$10,350 in Package Value available on the new 2016 Dodge Grand Caravan SXT Ultimate Family Package model based on the following: $7,000 Consumer Cash Discount, $850 No Charge Uconnect Hands-Free Group and $2,500 Ultimate Family Package Savings. $4,700 in Package Value available on the new 2016 Dodge Journey SXT Ultimate Family Package model based on the following: $1000 Consumer Cash, $2,500 DVD Bonus Cash and No-Cost Options of $1,200. See your retailer for complete details. ❖Discounts apply to models which have been in stock the longest. 25% off MSRP discount available to retail customers on the purchase of select in-stock Dodge Grand Caravan CVP models and 30% off MSRP discount applies to other select in-stock Grand Caravan models from participating Ontario, Atlantic and Quebec retailers from September 1 - 30, 2016. Discount is calculated based on MSRP plus options, freight, A/C and tire charge and will be deducted from the negotiated price before taxes. 25% or 30% off MSRP discount cannot be combined with any subvented interest rate (including subvented non-prime rates) or any other bonus cash or consumer cash offer. Retailer may sell for less. See retailer for complete details. >2.99% purchase financing for up to 96 months available on select new 2016 models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2016 Dodge Journey Canada Value Package (22F) with a Purchase Price of $22,560 with a $0 down payment, financed at 2.99% for 96 months equals 208 bi-weekly payments of $122 with a cost of borrowing of $2,834 and a total obligation of $25,393.60. ■Jeep Loyalty/Conquest Bonus Cash up to $1,000 is available on the retail purchase/lease of 2016 Jeep Compass (excludes base 2BD, 2GD, 25D & 28D models), Patriot (excludes base 2BD, 2GD, 25D & 28D models), Cherokee (excludes all Sport models), Renegade or Grand Cherokee and is deducted from the negotiated price after taxes. Eligible customers include: Current owners/lessees of a Jeep or any other manufacturer's CUV or SUV. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before September 1, 2016. Proof of ownership/lease agreement will be required. Limit one bonus cash offer up to $1,000 per eligible transaction. Some conditions apply. See your retailer for complete details. ~Lease Loyalty/Conquest Pull-Ahead Bonus Cash is available to eligible customers on the retail purchase or lease of select 2016 Chrysler, Dodge, Jeep, Ram or FIAT models at participating retailers. LIMITED TIME OFFER. Eligible customers are individuals who are currently leasing a Chrysler, Dodge, Jeep, Ram, FIAT, or competitive vehicle with an eligible lease contract in their name on or before September 1, 2016. Proof of Registration and/or Lease agreement will be required. Trade-in not required. See your retailer for complete details. ˆConsumer Cash/Jeep Cash Discounts are deducted from the negotiated price before taxes. –Non-prime financing available on select models on approved credit. 4.99%/6.99% financing available on select 2016 models. Financing examples: Purchase Price of $30,000 with a $1,000 down payment, financed at 4.99%/6.99% over 84 months, equals 182 bi-weekly payments of $189/$202 with a cost of borrowing of $5,418.76/$7,753.86 and a total finance obligation of $34,418.76/$36,753.86. Some conditions apply. See your retailer for complete details. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. ^Based on IHS Automotive: Polk Canadian Vehicles in Operation data as of July 1st, 2015 for Crossover Segments as defined by FCA Canada Inc. 1Based on 2014 WardsAuto Middle Cross Utility segmentation. *Jeep is a registered trademark of FCA US LLC used under license by FCA Canada Inc. ®The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

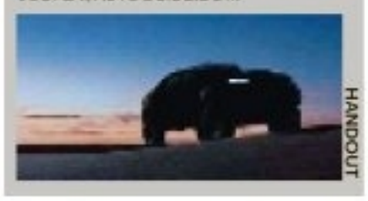
Ultra-modern concept to be a reality

IN BRIEF

GM getting set to reveal Chevy Colorado-based electric military vehicle

GM is getting prepared to debut a crazy-looking fuel cell-powered military vehicle. Developed in conjunction with the U.S. Army Tank Automotive Research, Development and Engineering Center (TARDEC), the vehicle, which isn't being called a concept, will be based on the Chevrolet Colorado and will be powered by hydrogen fuel cells. The SUV will be used to test how the military can use alternative energy sources to power vehicles that are quieter, more fuel efficient, can generate power and water, and provide plenty of low-end torque for off-roading.

JODI LAI/AUTOGUIDE.COM



HANDOUT

VARSOVA

Futuristic Polish car concept will be produced

Seemingly coming out of nowhere, a Polish company has unveiled a futuristic concept for an electric luxury sedan. The Varsovia Motor Company, which is based in Warsaw, Poland, said this concept will actually be produced, although in limited numbers. The sedan, which does away with a grille and has a unique diamond pattern in its body panels, seems to be an electric car with a range extender, kind of like the Chevrolet Volt. The drive is powered by electrical engines, but a small internal combustion engine can be used as a generator to power those engines if the battery is depleted. Range on a full charge is 350 kilometres and with the range extender, range is increased by an additional 500 kilometres. Varsovia claims a zero-to-100 km/h time of under five seconds and a maximum speed of more than 200 km/h.

JODI LAI/AUTOGUIDE.COM

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STUDY

Mercedes owners ready for self-driving

Luxury car owners are most likely to adopt the self-driving future, but most consumers still aren't ready to buy a self-driving car. According to a new survey from MaritzCX that polled 12,353 vehicle owners, about 27 per cent of Mercedes-Benz and Infiniti drivers say they are "very interested" in buying a fully self-driving car, the most from any brand. On the other end, owners of Jeeps and Dodges were the least interested in giving up control over their vehicle. In total, 48 per cent of those polled aren't interested in buying a self-driving car.

STEPHEN ELMER/AUTOGUIDE.COM

2017 MODELS

GMC Canyon adds eight-speed auto

GMC has announced details on its 2017 Canyon, which will use a revamped 3.6-litre V6 hooked to an eight-speed automatic transmission. Along with the powertrain changes, a new All Terrain X model will be available for off road, bringing along Goodyear Wrangler DuraTrac all-terrain tires and off-road suspension upgrades.

STEPHEN ELMER/AUTOGUIDE.COM

7 SERIES

BMW planning a new coupe

BMW is planning to release a 7 Series Coupe, a move it hopes will help bring some excitement to its range-topping luxury car. According to a report from Bloomberg, the new coupe will arrive as soon as 2019 and it is only the first of several new variants coming to help boost the lineup. BMW is mimicking Mercedes' strategy with the S-Class.

STEPHEN ELMER/AUTOGUIDE.COM

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† 0% APR Purchase Financing is available on select new 2016, 2016.5 and 2017 Mazda models. Excluded on 2016 MX-5 and CX-9, 2017 CX-3, Mazda6 and MX-5 models. Terms vary by model. Based on a representative agreement using an offered pricing of $17,400 for the new 2016 Mazda3 G (D4GK66AA00) with a financed amount of $18,000, the cost of borrowing for a 48-month term is $0, monthly payment is $375, total finance obligation is $18,000. Offer includes freight and P.D.E. of $1,695, $10 OMVIC fee, $23.75 Tire Stewardship Fee and $75.28 PPSA. Offer excludes HST.
▲ Upgrade Offer is available to qualifying retail customers who cash purchase/finance/lease a select new, in-stock 2016, 2016.5 and 2017 Mazda model from an authorized Mazda dealer in Canada between September 1 – 30, 2016. Amounts vary by model: $500 off all 2016 Mazda3/Mazda3 Sport, all 2017 CX-3, all 2016 and 2016.5 CX-5, all 2016 and 2017 Mazda5, all 2016 and 2017 MX-5 and all 2016 CX-9. Maximum $1,000 available on all 2016 and 2017 Mazda6 and all 2016 CX-3 models. Upgrade Offer will be deducted from the negotiated price after taxes. Offer cannot be combined with Loyalty offer. See dealer for complete details.
‡ Offer available on retail leases of new 2016 Mazda3 GS (D4SK66AA00) with a lease APR of 0.49% and 104 bi-weekly payments of $94 for 48 months, the total lease obligation is $11,322, including down payment (or equivalent trade-in) of $1,495. As shown. Offered Pricing for new 2016 Mazda3 GT (G4TL67AA00) with a lease APR of 0.49% and 104 bi-weekly payments of $137 for 48 months, the total lease obligation is $15,749, including down payment (or equivalent trade-in) of $1,495. NOTE: 2016 Mazda3 lease offers include $1,750 lease cash and $500 Upgrade Offer. Lease payments include freight and P.D.E. of $1,695, $10 OMVIC fee (all models), $23.75 Tire Stewardship fee (all models), and $100 Air Conditioning charge (where applicable). PPSA of $75.28 and first monthly payment are due at lease inception. 20,000 km per year mileage allowance applies, if exceeded, additional 8¢ per km applies. Offers exclude HST. Offered leasing available to retail customers only.
Licence, insurance, taxes and down payment (where applicable) are extra and may be required at the time of purchase. Dealer may sell/lease for less. Dealer order/trade may be necessary on certain vehicles. Offers valid September 1 - 30, 2016, while supplies last. Lease and finance on approved credit for qualified customers only. Offers subject to change without notice. Visit mazda.ca or see your dealer for complete details.

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Genesis exec details uphill battle

Q&A

Luxury offshoot wants to do business differently

Dan Ilika
AutoGuide.com

Hyundai is on an ambitious journey, spinning off its Genesis and Equus sedans into the foundation of a standalone premium brand. And while much of that campaign will take place in Hyundai showrooms in the U.S. and beyond, the Canadian market will play host to a direct sales approach à la Tesla, where cars will be available for purchase through online sales and downtown retail and shopping mall locations across the country. AutoGuide.com sat down with Canadian director of Genesis Motors, Michael Ricciuto, to get some insight into how the premium brand plans to operate.

The Genesis G90 is the flagship model of Hyudai's luxury brand. CONTRIBUTED

The Genesis and Equus were pretty well received; how do you build on that success with a spin-off premium brand?

In 2009 we won North American Car of the Year with Genesis and that was our first attempt at playing in that premium segment. Then with the Equus — which to me was wonderfully executed — we've proven that we can build products that can compete against the world's finest premium brands.

Why now?

There's no really good time when you're trying to convert products that are in your lineup into a new brand, but when you're launching your flagship model that's a pretty good time to do it.

What makes the Genesis brand a viable venture for the Hyundai Motor Group?

From a business perspective, obviously we have the mass market brands, so we can leverage the economies of scale from that and design premium products that are a notch above.

Plus, it also allows us to develop technologies that the premium segment will pay for, and then those technologies will work their way down into the mass market brands.

> **The G80 will have Nappa leather, open-pore wood trim, panoramic sunroof and navigation all as standard equipment.**
> Michael Ricciuto, Genesis Motors

Without that platform how do you develop things like head-up display? Because you're never going to do a head-up display and put it in a (Hyundai) Sonata.

It's just too expensive and you'll never recoup your investment. But you can put it in a (premium car), get the cost down and then, over time, work that into the other products.

What is the approach Genesis is taking going into this?

We want to totally rethink the way that we go to market. Why do you have to go and buy a car that has extra fees on top — the destination and delivery charges and etching for theft deterrents?

And then there's so many options and packages, and the salesperson has to go talk to their manager about price. So we're going to take all that out of the equation and it's going to be a fixed price. We know you're going to have to maintain your car, so why not prepay that up front?

What's going to set the Genesis brand apart?

We're going to have products that are very well equipped from the get-go. The G80 will have Nappa leather, open-pore wood trim, panoramic sunroof and navigation all as standard equipment.

And really, when you get into this segment those are the features customers really want. Nobody wants to buy a base model luxury car with pleather seats and no sunroof, so why would we build it? Everyone thinks you've got to chase this low starting price, but nobody ever buys it.

†Based on overall offers available on most 2016 models, including cash incentives and lease and finance offers, and excluding short-term promotions. Some models excluded. *Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Jetta 1.4T Trendline (#163WF1) base model with 5-speed manual transmission. Base MSRP of $17,620, including $1,625 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $92 (after application of $1,000 finance bonus cash). $0 down payment or equivalent trade-in due at signing. Cost of borrowing is $0 for a total obligation of $16,620. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **Up to $6,000/$2,000 bonus cash available to be applied as a discount on MSRP on cash purchase only of select new and unregistered 2016 CC models / select Tiguan models (excluding the FWD Trendline (#5N21V4)). Discount varies by model. ‡**Finance payments must be made on a bi-weekly basis and cannot be made weekly.** Weekly equivalent payments shown for information only. Limited time finance purchase offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2016 Tiguan FWD Trendline (#5N21V4) with 6-speed manual transmission. Base MSRP of $26,785, including $1,795 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $148. $0 down payment or equivalent trade-in due at signing. Cost of borrowing is $0 for a total obligation of $26,785. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. ††Bi-weekly finance from the equivalent of $86 per week, based on a new and unregistered 2016 Tiguan Special Edition model with 6-speed automatic transmission and 4MOTION®. Base MSRP of $31,993, including $1,795 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $172 (after application of $750 finance bonus cash). $0 down payment or equivalent trade-in due at signing. Cost of borrowing is $0 for a total obligation of $31,243. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end September 30, 2016 and are subject to change or cancellation without notice. Model shown: 2016 Tiguan 2.0T Highline R-Line automatic transmission, $39,993. Vehicle shown for illustration purposes only and may include optional equipment. Visit vwoffers.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Volksfest", "Tiguan", "4MOTION", "CC", "TSI", "Highline" and "Trendline" are registered trademarks of Volkswagen AG. © 2016 Volkswagen Canada.

metro SPORTS

The Red Hot Chili Peppers are set to perform at the L.A. Rams' home-opening return to the City of Angels this Sunday

Olympians the target of agency database hacking

ANTI-DOPING

Williams sisters and Biles have medical data leaked online

Russian hackers have been blamed for breaking into a World Anti-Doping Agency database and posting confidential medical data of some American athletes online.

WADA said Tuesday the attack — which targeted some female members of the U.S. team which competed at the Rio de Janeiro Olympics — was carried out by a "Russian cyber espionage group" called Fancy Bears.

Tennis players Venus and Serena Williams and teenage gymnast Simone Biles were among those targeted.

Biles was revealed to have been taking medicine for Attention Deficit Hyperactivity Disorder. The hacker group had accused her of taking an "illicit psycho-stimulant", but she said she had "always followed the rules."

The hackers revealed records of "Therapeutic Use Exemptions" (TUEs) which allow athletes to use substances that are banned unless there is a verified medical need.

WADA previously warned of cyberattacks after investigators it appointed published reports into Russian state-sponsored doping.

"These criminal acts are greatly compromising the effort by the global anti-doping community to re-establish trust in Russia," World Anti-Doping Agency director general Olivier Niggli said in a statement.

WADA said it "extended its investigation with the relevant law enforcement authorities."

Last month, hackers obtained a database password for Russian runner Yuliya Stepanova, a whistleblower and key witness for the WADA investigations. She and her husband, a former official with the Russian national anti-doping agency, are now living at an undisclosed location in North America.

A spokesman for Russian state President Vladimir Putin rejected WADA's statement blaming Russian hackers as unfounded.

"There can be no talk about any official or government involvement, any involvement of Russian agencies in those actions. It's absolutely out of the question," spokesman Dmitry Peskov said. "Such unfounded accusations don't befit any organization, if they aren't backed by substance."

The International Olympic Committee said it "strongly condemns such methods which clearly aim at tarnishing the reputation of clean athletes."

"The IOC can confirm however that the athletes mentioned did not violate any anti-doping rules during the Olympic Games Rio 2016," the Olympic body said.

The top American anti-doping official said it was "unthinkable" to try to smear athletes who followed the rules and did nothing wrong.

"The cyber-bullying of innocent athletes being engaged in by these hackers is cowardly and despicable," said Travis Tygart, CEO of the U.S. Anti-Doping Agency.

The president of the governing body of tennis cautioned against "unjustified conclusions" being drawn from exemptions it approved.

The name "Fancy Bears" appears to be a tongue-in-cheek reference to a collection of hackers which many security researchers have long associated with Russia.

In a statement posted to its website early Tuesday, the group proclaimed its allegiance to Anonymous, the loose-knit movement of online mischief-makers, and said it hacked WADA to show the world "how Olympic medals are won."

"We will start with the U.S. team which has disgraced its name by tainted victories," the group said, adding that more revelations about other teams were forthcoming.

THE ASSOCIATED PRESS

Russian Yuliya Stepanova is living at an undisclosed location in North America. GETTY IMAGES FILE

PARALYMPICS

Rivard ruling the pool

RIO2016

Canadian swimmer Aurelie Rivard added another gold to the collection of Paralympic medals she's carefully stashing out of sight in her suitcase.

The 20-year-old from Saint-Jean-sur-Richelieu, Que., won the 100-metre freestyle on Tuesday, her third medal of the Rio Paralympics, and second gold. Then she planned to tuck it away to savour later.

"Because even if I win, my meet is not done, I still have three races to go," Rivard said. "So I really just want to focus as much as I can on my races and after that, I'm going to think about the medals and what I accomplished.

"Once my meet is over, this is when I'm going to start to realize this happened. I wanted the gold and I got it."

Rivard's was one of two medals on the night for the swim team. Tess Routliffe of Caledon, Ont., captured a silver in the women's 200 individual medley.

Elsewhere, both Canadian goalball teams advanced to quarter-finals after completing round-robin play.

Canada's women's wheelchair basketball team was left fighting back tears after a 78-60 quarter-final loss to the Netherlands that dashed their dreams of a medal.

In track and field, blind runner Jason Dunkerley and his guide Josh Karanja, both of Ottawa, ran to fifth in the men's 1,500. And wheelchair racer Diane Roy of Sherbrooke, Que., was sixth in the women's 1,500 final.

Canada has 14 medals, including four gold and eight silver. THE CANADIAN PRESS

STRO' STRUGGLES JAYS FALL FLAT AS RAYS LEVEL SERIES
Marcus Stroman walks back to the mound as Tampa shortstop Alexei Ramirez rounds the bases at Rogers Centre Wednesday. The Rays leveled the series at 1-1 with a 6-2 victory against the scuttling Blue Jays. RICHARD LAUTENS/TORSTAR MEDIA SERVICE

IN BRIEF

Chief meets Marshall

Denver's police chief has talked to Broncos linebacker Brandon Marshall about his decision to kneel during the national anthem to protest racial oppression and police brutality.

Chief Robert White says he met with Marshall on Tuesday after being approached by Broncos management. He will offer Marshall the chance to ride along with police and watch "shoot, don't shoot" training. THE ASSOCIATED PRESS

NCAA

North Carolina hit hard by withdrawal

The NCAA's decision to pull seven championships out of North Carolina ratchets up the pressure on the college sports-crazy state to repeal its law on transgender bathroom use

Unlike the recent one-time cancellations by the NBA, the move by college sports chiefs could make moderate and conservative voters question whether the price tag for the law has become too high.

Economic development officials said the effect of the NCAA's action goes well beyond the projected $20 million in lost revenue from the cancellation of the 2016-17 basketball, baseball, soccer, tennis, lacrosse and golf events.

"College sports is part of the fabric of North Carolina. It's part of the culture," said Scott Dupree, of the Greater Raleigh Sports Alliance, which was co-ordinating four of the events. "That's why it hits so hard and feels so personal."

THE ASSOCIATED PRESS

Aurelie Rivard. GETTY IMAGES

Former partners settle score

BEACH VOLLEYBALL

Bansley tops Pavan just weeks after teaming in Rio

Vincent Man
Metro | Toronto

Former partners Sarah Pavan, left, and Heather Bansley squared off on Tuesday for the final spot in the Swatch FIVB World Tour Finals. VINCENT MAN/METRO

Heather Bansley and Sarah Pavan are now ready to move on.

The former Canadian beach volleyball partners, who announced their breakup less than two weeks ago, stared down one another from opposite sides of the net at Polson Pier on Tuesday evening, beginning new chapters in their careers.

Bansley, playing with Brandie Wilkerson, got the upper hand in the Swatch FIVB World Tour Finals country quota playoff, running away with a 23-21, 21-13 victory over Pavan and new partner Melissa Humana-Paredes.

"I'm feeling pretty good. It's a pretty good birthday present," said Bansley, who turned 29 on Tuesday.

"I'm just very thankful Brandie partnered up with me and wanted to play the tournament with me."

The winners advanced to the main draw of the tournament in the spot that was initially to be filled by Bansley and Pavan.

The former partners of four years enjoyed their fair share of success. They reached the podium six times on the world tour, finished fifth at last year's world championships and fifth again at the Rio Olympics. But growing tension and their failure to win a tournament together led the well-respected players to agree on a split months ahead of the Summer Games.

In the buildup to Tuesday's showdown, Bansley and Pavan answered question after question about the separation. They were just glad to return to the court and get back to business.

"As soon as the game started, they're just another team on the other side of the court and that's how I approached it," said Waterdown, Ont.'s Bansley. "We want to come out and win every game and we wanted to beat them just like any other team."

"I don't know if I have any (feelings) to be honest," Pavan said.

"This is our job. Partner switches happen all the time. Heather's been the only person I've shared the court with, so it was a little strange having her on the other side but this is a part of our sport and it's a decision we made. I do not regret it at all."

The first set went back and forth between the former partners but Bansley and Wilkerson gained the early lead when the latter stuffed Pavan at the net.

Bansley's defensive prowess was on full display in the second set, digging out the best spikes Pavan and Humana-Paredes had to offer. When she wasn't returning attacks, it was because her partner was stealing the show.

Wilkerson was a brick wall at the net with a string of blocks. The 25-year-old from Churchill, Ont., went on to clinch the win with a block on Humana-Paredes.

"I live for those moments. I really enjoy the pressure of those and I'm happy I could perform," Wilkerson said.

"It didn't feel like do or die ever because I knew that one of us were going to step up when we needed to."

Bansley and Wilkerson, who have not committed to each other beyond this event, will play Italians Marta Menegatti and Laura Giombini in Pool D on Wednesday.

Pavan and Humana-Paredes are already looking ahead to next season.

"We'll come back in 2017," Pavan said. "There are definitely adjustments that all new partnerships have to make. Heather and Brandie played really well. I can't take anything away from them."

The World Tour Finals run through Sunday, featuring four Canadian teams — two on the men's side and two for the women.

HOW TO WATCH

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Barça's 'big three' blitz sloppy Celtic

CHAMPIONS LEAGUE

Messi and Co. get off to a flyer, Bayern also wins big in opener

Lionel Messi's first goal of the Champions League season took three minutes. Edinson Cavani needed just 44 seconds for Paris Saint-Germain. Manchester City never got the chance to start.

Messi's fast start was the first of a hat trick in Barcelona's 7-0 rout of Celtic, and fellow superstar forwards Neymar and Luis Suarez also scored. Celtic had a penalty saved when trailing 1-0 midway through the first half.

"It didn't matter who we had in front us, I remember a beauty and precision that was of another class. Against that, rivals can do very little," Barcelona coach Luis Enrique said afterwards. "It was a great way to make our entrance to the competition."

"The ball moves like it's on an ice rink, and they move as fast as that," Celtic manager Brendan Rodgers said. "(Barcelona) is the world's best at keeping the ball."

Cavani's even faster strike was the end of PSG's scoring in Paris against Arsenal, and Alexis Sanchez's late equalizer earned a 1-1 draw.

Heavy rain in Manchester forced City's game against Borussia Monchengladbach to be called off 20 minutes before kickoff.

Coach Pep Guardiola's team will try again on Wednesday evening.

Bayern Munich, Guardiola's former team, managed just fine under new coach Carlo Ancelotti. Russia's Champions League newcomer Rostov was soundly beaten 5-0 in Munich. In the same group, last year's beaten finalist Atletico Madrid beat PSV Eindhoven 1-0 in the Netherlands. Saul Niguez's first-half strike was enough for the Spaniards.

THE ASSOCIATED PRESS

Barcelona goal-scorers Lionel Messi and Neymar.
GETTY IMAGES

RESULTS

- **Bayern 5,** FC Rostov 0
- **Barcelona 7,** Celtic 0
- Benfica 1, Besiktas 1
- Dynamo Kyiv 1, **Napoli 2**
- FC Basel 1, Ludogorets 1
- PSV 0, **Atletico Madrid 1**
- Paris SG 1, Arsenal 1
- Man City-Monchengladbach*

*Postponed

Pittsburgh prepares for clash of titans

WORLD CUP OF HOCKEY

Star Penguins pair to face off in exhibition

Sidney Crosby and Evgeni Malkin are a decade into a partnership that has helped guide the Pittsburgh Penguins to a pair of Stanley Cups, three combined MVP awards, four scoring titles and a seemingly endless wave of GIF-worthy goals.

"At the end of the day we both chose to be here and want to play together and that's not always the case on every team," Crosby said Tuesday. "I think there's a lot of respect there."

That sentiment will be put to the test — at least briefly — when Crosby and Team Canada face Malkin and Team Russia in a World Cup of Hockey exhibition on Wednesday at Consol Energy Center, the final tune-up before both squads start the tournament in Toronto later this week.

SEGUIN OUT

Team Canada announced Tuesday it has added Ryan O'Reilly to its roster for the World Cup to replace the injured Tyler Seguin.

It's not the first time Crosby and Malkin have been on opposite sides in international play. Six years ago, Crosby and Canada torched Malkin and the Russians 7-3 in the Olympic quarter-finals on the way to gold. Yet Wednesday will mark the first time both stars will be at "home," even if Malkin will end up getting dressed in the visiting locker-room.

Yes, Malkin knows the way.

"It's weird," Malkin said. "But I don't know how the fans feel, but I hope they support us."

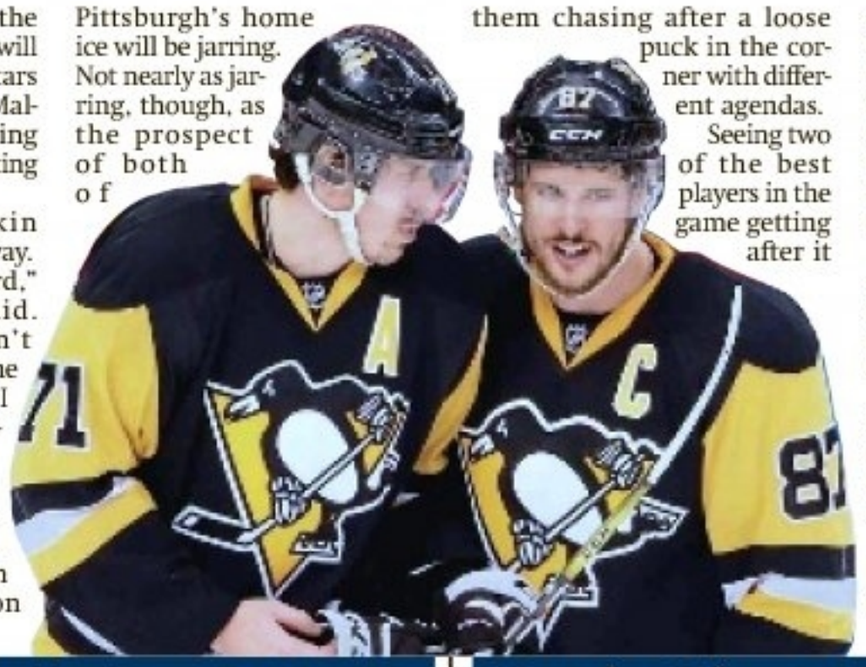
That won't be in question. The curious sight of Crosby's No. 87 and Malkin's No. 71 in different hued sweaters on Pittsburgh's home ice will be jarring. Not nearly as jarring, though, as the prospect of both of them chasing after a loose puck in the corner with different agendas.

Seeing two of the best players in the game getting after it makes for great theatre, which is exactly what the NHL had in mind when it brought the World Cup back. Yet it may also produce a dash of anxiety for the front office that pays Crosby and Malkin millions to line Pittsburgh's rafters with banners.

While Crosby allows there's always the risk of running into each other, at some point you've got to just let that part go and focus on playing the game.

"If we do, it'll be in good fun," Crosby said with a laugh. "We're both pretty intense so it could happen. You never know."

THE ASSOCIATED PRESS



Evgeni Malkin and Sidney Crosby GETTY IMAGES

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THE HANDY POCKET VERSION!
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RECIPE Asian Chicken Salad

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Crunchy textures and satisfying flavours makes this restaurant copycat come to life at home.

Ready in 30 minutes
Prep time: 20 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 2 chicken breasts
- 1/4 - 1/2 head of purple cabbage, thinly sliced
- 1/4 - 1/2 head of green cabbage, thinly sliced
- 2 carrots, shredded
- 1 red pepper, thinly sliced
- 1/2 cucumber, peeled and sliced
- 2 spring onions, sliced
- handful cilantro, chopped
- 1/3 cup peanuts, chopped (optional)

Dressing
- 1 Tbsp sesame oil
- 1 Tbsp soy sauce
- 1/2 tsp sriracha
- 1 Tbsp vegetable oil
- 1 tsp fish sauce
- 1 tsp sugar

Directions

1. Fill a skillet with water and season with salt and pepper. Bring to a simmer. Place chicken breasts in the water and cook 10 to 12 minutes, depending on how thick the breasts are. Remove meat from skillet and place on a clean plate. Use two forks to shred the chicken.

2. In a small bowl, whisk together the dressing ingredients

3. In a large serving bowl, toss together the vegetables and chicken. Drizzle dressing over the salad and toss again. Serve the salad in bowls and garnish with cilantro and chopped peanuts.

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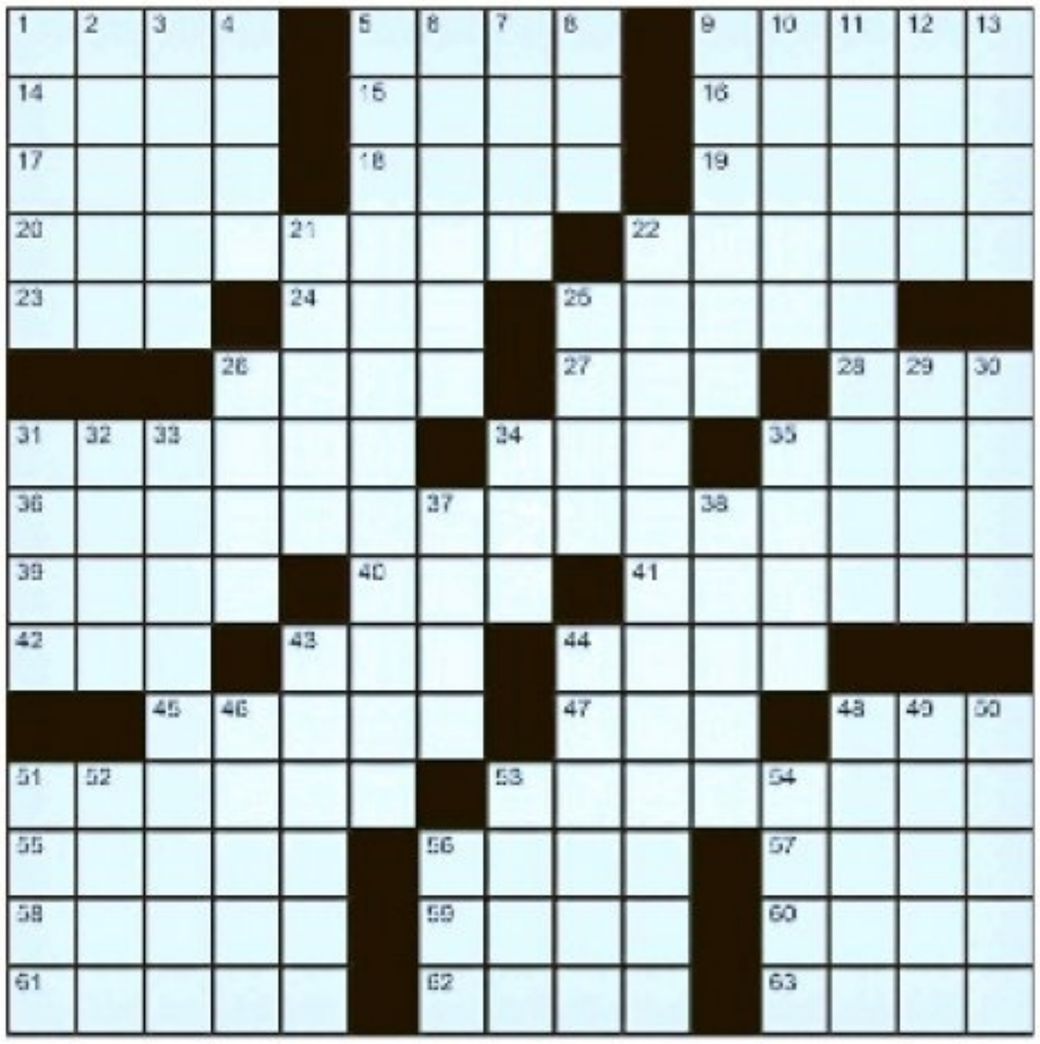
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Red Hot Chili Peppers song: _ Tissue
5. Health food berry
9. Singer/guitarist Colin
14. Alan _ Jr. (Skipper on Gilligan's Island)
15. Uma's The Producers (2005) character
16. "What _ _ to do then?"
17. "Mr. Holland's _" (1995)
18. New Mexico's artist colony
19. "I wouldn't _ _..." (Craver's comment-starter)
20. Top-connected-to-bottom outfit
22. Public park flapper
23. "_ magic!"
24. "I'm not quite sure..."
25. Cloudless in the daytime sky
26. Microscope piece
27. Ms. Schumer
28. "El _" (1961)
31. Real
34. Point
35. Sunburn soother
36. Early Paul Anka hit: 4 wds.
39. Neutral hue
40. Belonging to Irish writer George William Russell's pen name
41. Flip over the Closed sign
42. Rush (2013) director Mr. Howard
43. Midianite royal
44. Piece of cake
45. In theatres Sept. 23 ... The Magnificent _ (2016)
47. I Will Follow _ by Little Peggy March
48. "Eureka!"
51. Metric milk measures
53. Put the old papers in the blue box
55. Birdlike
56. Central _ ("Friends" hangout)
57. Mr. Driver of movies
58. Waltz, in Paris
59. Station, in Sherbrooke
60. Matthew the Apostle
61. Curl the lips
62. _ acetate (Banana oil)
63. Fuss

DOWN
1. Japanese decor screen
2. Head, in Latin
3. Grads
4. Aretha Franklin... _-_-_-E-C-T / Find out what it means to me.
5. Soon they'll be dazzling the trees: 2 wds.
6. Small _ Court
7. Frequently: 2 wds.
8. '_' _ in Ingersoll
9. Martin Short's talk show host character Mr. Glick
10. _ _ of the Times by Petula Clark
11. Bills fastener: 2 wds.
12. 'Within'-meaning prefix
13. Mr. Connery
21. Cut
22. Bread selection
25. Expressed
26. Beach feast
29. Ms. Skye of Say Anything... (1989)
30. Agyness _ (British fashion model)
31. Yesterday, in Yucatan
32. Fashion's Ms. Chanel
33. Subway passageway
34. Baseball great Mr. Cobb's
35. Above
37. Chow _
38. Sordid
43. Fairly fifty-fifty
44. 1962: The 4 Seasons title song lady
46. Nullify
48. Variety of tree
49. 1, 2, 3... Lift!
50. Fess up
51. Loos
52. Leo Tolstoy's The Death of _ Ilych
53. Stack of paper
54. Herd baby
56. 'Green/tee' gr.

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a great day to schmooze with friends and enjoy the company of others. However, it's a poor day to agree to anything important. Remember this for your own benefit.

Taurus April 21 - May 21
Do not volunteer for anything today or make an important commitment, especially with your boss or an authority figure in your life. Wait until tomorrow to do this.

Gemini May 22 - June 21
Travel will be loosey-goosey today. If you are thinking of making travel plans for the future, this is a poor day to make plans. Likewise, it's a poor day for important decisions about medicine and the law.

Cancer June 22 - July 23
If you are trying to collect a debt or settle a dispute about inheritances and shared property, postpone this for another day. Whatever you initiate today will come to nothing.

Leo July 24 - Aug. 23
The Moon is opposite your sign today, which means you have to go more than halfway when dealing with others. Be ready to accommodate them, but agree to nothing important.

Virgo Aug. 24 - Sept. 23
Just accept the fact that this is an errorprone day at work. Go with the flow and don't be on anyone's case. Chill out.

Libra Sept. 24 - Oct. 23
This is a highly creative day for you. If you work in the arts or in any creative field, you will be imaginative and original. Enjoy playful times with children.

Scorpio Oct. 24 - Nov. 22
This is a good day to hide at home and just cocoon. Whatever you do, do not make purchases, except for food and gas.

Sagittarius Nov. 23 - Dec. 21
This is a casual, conversational day. Enjoy the company of others, especially siblings and relatives. However, agree to nothing important.

Capricorn Dec. 22 - Jan. 20
Postpone all financial decisions for another day. If shopping, keep your receipts, but ideally, only spend your money today on food and gas.

Aquarius Jan. 21 - Feb. 19
For most of this day, the Moon is in your sign, but it is working at a disadvantage. This means you should be careful about impulsive decisions. Think twice.

Pisces
Feb. 20 - March 20
Research of any kind will go well today because your mind is open to searching in new directions. However, postpone important decisions until tomorrow or later in the week.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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		6						

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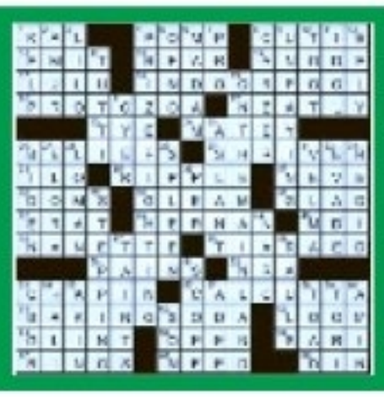

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